



ITU POLICY AND ECONOMICS COLLOQUIUM (IPEC-23)

INFORMATION FOR DELEGATES

SAN JOSÉ – COSTA RICA

FROM 25 TO 29 SEPTEMBER 2023



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1. WELCOME AND INTRODUCTION

The International Telecommunication Union (ITU), Costa Rica’s Telecommunications Superintendency (SUTEL) and the Costa Rican Institute of Electricity (ICE), with the support of the Ministry of Science, Innovation, Technology and Telecommunications (MICITT) have the honor to extend a warm welcome to the ITU Policy and Economics Colloquium for the Americas (IPEC-23), that will take place in San Jose, Costa Rica, from 25 to 29 September, 2023.

This bulletin contains information on administrative procedures, logistics and other aspects relevant to all participants.

IPEC’s host this year is the brand [kölbi](#), which is the telecommunications brand of [Costa Rican Institute of Electricity \(ICE\)](#), ITU member.

2. VENUE AND DATE

The ITU Policy and Economics Colloquium for the Americas (IPEC-23) will take place from **Monday 25 to Friday 29 September, 2023 in Hotel Crowne Plaza San Jose La Sabana.**

Address: contiguo al Parque Metropolitano La Sabana, Sabana Norte, Provincia de San José, 10108

Telephone: +506 2543 6000

Website: https://www.ihg.com/crowneplaza/hotels/us/en/san-jose/sjocp/hoteldetail?cm_mmc=GoogleMaps- -CP- -CR- -SJOCP

This hotel offers a **special rate** of 129 USD + IVA per night. Please make your reservation here: [Congreso IPEC 2023](#)

3. CONTACT INFORMATION

For additional information, please contact:

CONTAC LIST	CONTACT INFORMATION
Caroline Brandão ITU Event Coordinator for the Americas	E-mail: caroline.brandao@itu.int



Rodrigo Robles ITU Programme Officer IPEC's General Coordinator	E-mail: rodrigo.robles@itu.int
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Ivannia Morales Chaves International Affairs Coordinator - SUTEL	E-mail: ivannia.morales@sutel.go.cr
Pablo Montero Obando Focal Point ITU - MICITT	E-mail: pablo.montero@micitt.go.cr

4. REGISTRATION

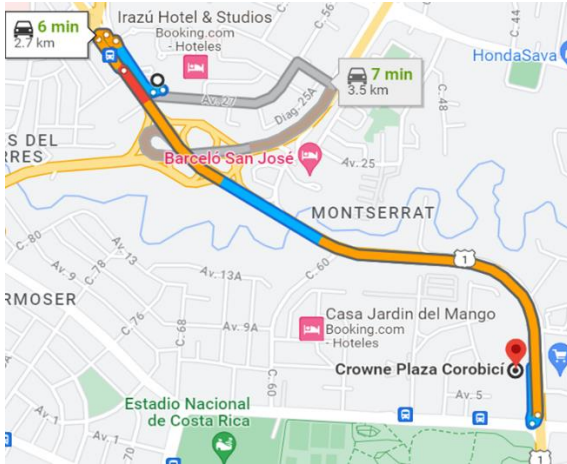
For more information regarding registration to IPEC events, please check the links below:

- [Regional Economic Dialogue \(RED-AMS\) \(25 and 26 September\)](#)
- [Business Planning Course for the development of infrastructure with 5G networks for the Americas Region \(27-28 September\)](#)
- [Regional Study Group 3 Meeting, ITU-T for Latin America and the Caribbean \(SG3RG-LAC\) \(28 \(afternoon\)-29 September\)](#)

5. HOTEL ACCOMODATION

For your convenience, delegates can choose to stay at the following hotels near the hotel of the event, please check the rates directly with the hotel chosen:

Hotel Holiday Inn San Jose la Sabana



Plaza Irazú, Autopista General Cañas Km 3, Robledal,
Provincia de San José, San José, 10107

https://www.ihg.com/holidayinn/hotels/us/en/san-jose/sjoec/hoteldetail?cm_mmc=GoogleMaps--HI--CR--SJOEC

Email: reserve@gmhils.net

Book a Reservation: 800 041 1005

Contact Front Desk: 506-2-1065100

Hotel Hilton Garden Inn San José

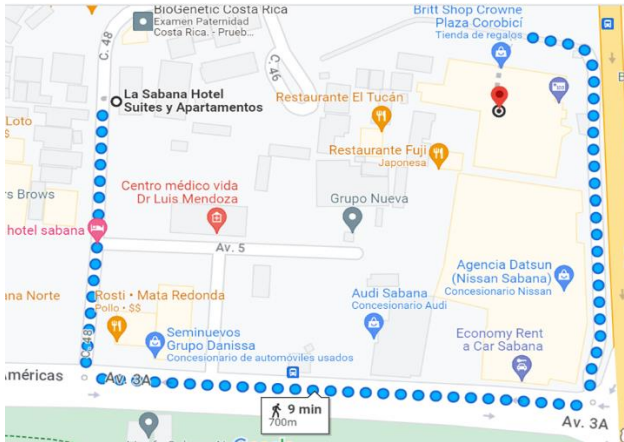


Boulevard de Rohrmoser, La Sabana, San José, 10109•

https://www.hilton.com/en/hotels/sjolsgi-hilton-garden-inn-san-jose-la-sabana/?SEO_id=GMB-AMER-GI-SJOLSGI&y_source=1_MTMynjA3NzEtNzE1LWxvY2F0aW9uLndIYnNpdGU%3D

Reservaciones: +506 2520 6000

La Sabana Hotel Suites Apartments



Sabana norte, del Restaurante Rostipollos 150 metros al norte, San Jose 658-1200 Costa Rica

<https://www.hotelandapartmentslasabana.com>

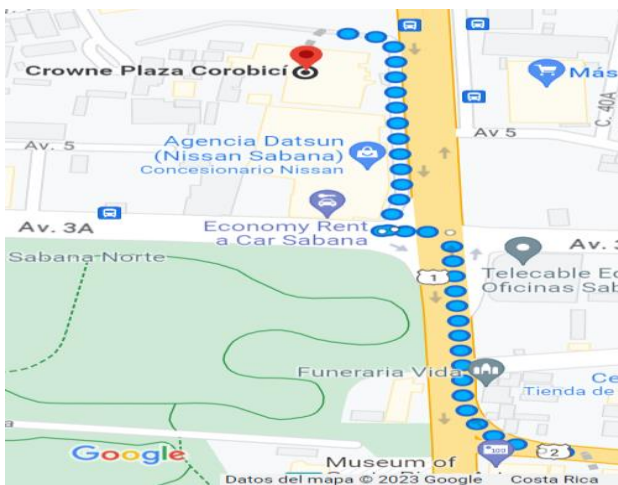
Email:

info@HotelyApartamentosLaSabana.com

Teléfono: +506 2220-2422

WhatsApp: +506 8894-2410

Parque del Lago Boutique Hotel



Avenida 2 Calles 40 y 42 Paseo Colon, San Jose, 11501

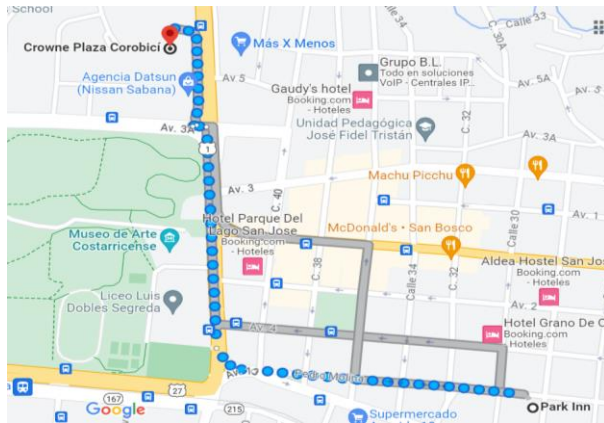
<https://www.parquedellago.com/es/>

Teléfono: (+506) 4000-2020

WhatsApp: (+506) 8381-0858

E-mail: info@parquedellago.com

Park Inn by Radisson San Jose, Costa Rica



Avenida 6, San Bosco San Jose, San Jose,
10103

<https://www.radissonhotelsamericas.com/en-us/hotels/park-inn-san-jose>

Teléfono: (+506) 411 1100

Reservaciones: 877-424-6423

6. TRANSPORTATION

Air Transport

The nearest airport to the Event Venue is the Juan Santamaría International Airport (SJO).

Airport Schedules: 24/7

Address: Provincia de Alajuela, 20 km al Oeste de la ciudad de San José

Telephone: +506 2437-2400

We suggest checking the following website for information on airlines operating at Juan Santamaria International Airport: <https://sjoairport.com/guia-al-pasajero/>

Local Transport

At the Juan Santamaria International Airport delegates will find 24 hours Taxi services to any destination in Costa Rica.

Authorized companies comply with all legal regulations for operation and have insurance policies that protect the user. Their units (cars) are in excellent mechanical condition and receive continuous and proper maintenance.

The taxi units of the Juan Santamaría International Airport are characterized by being orange, all are properly numbered and labeled with the logo of the company on the side doors. The rates for the



services provided are regulated by the Costa Rican State and each unit has a taximeter indicating the amount to be paid.

The service can be hired in the Terminal building after customs where personnel of the authorized taxi companies will be offering the service from the airport to any destination in Costa Rica.

You can also contact each company directly to book a service.

AUTHORIZED TRANSPORTATION	CONTACT INFORMATION
Coopetranstura R.L.	WhatsApp: +(506) 8475-36-39 Teléfono: +(506) 2440-4444 y +(506) 2440-3113 Website: www.officialairportsjotaxi.com
Gorila Airport Taxi	WhatsApp: +(506) 8888-0745 Teléfono: +(506) 8888-0745 Email: info@gorilataxi.com
Taxi aeropuerto "TAXICAB"	WhatsApp: +(506) 8366-4988 Teléfono: +(506) 2524-5456 Email: taxicabsjo@gmail.com Website: www.taxicabsjo.com
Taxis Unidos	WhatsApp: +(506) 8479-5353 Teléfono: +(506) 2221-6865 +(506) 2222-6865 Email: reservaciones1@taxiaeropuerto.com Website: www.taxiaeropuerto.com
Orange Taxi service	WhatsApp: +(506) 8475-8585 Website: www.orangetaxisa.com



7. COSTA RICA ENTRY REQUIREMENTS

¡Welcome to Costa Rica!

Country entry requirements

Entry to Costa Rica is allowed for tourists from all countries.

Each visitor must comply with the migratory processes established in the General Law of Migration and Immigration. Starting April 1, the temporary migration measures established in the framework of the national health emergency due to COVID-19 are repealed.

During their stay in Costa Rica, tourists must follow the health protocols established by private companies in order to participate in any tourist activity.

Remember that:

A return flight ticket is needed when entering Costa Rica. The immigration officer will ask for it upon your arrival. It is advisable **to make a photocopy or take a picture of your passport with the entry stamp** to carry at all times during your stay.

- Your country of origin determines the amount of days available to stay in Costa Rica as a tourist.
- In some cases, the Immigration official may request you show economic solvency for your stay in the country.
- Even with a 90-day tourist visa, the immigration official determines the duration of your stay as allowed by your passport.

Visitors to Costa Rica must have a valid passport as well as proof of their intent to exit the country before their visa or entry stamp expires, usually within 90 days.

All non-resident travelers must possess a return ticket or a ticket as proof of when they intend to exit the country, commonly referred to as an outbound exit or onward ticket. An onward ticket is required of



non-residents who are:

- Traveling on a one-way ticket
- Entering the country with a return ticket dated more than 90 days after arrival
- Flying into Costa Rica and flying out of another country

By law, an onward ticket includes any of the following on approved, commercial transport:

- A pre-purchased bus ticket out of the country
- A pre-purchased flight out of the country
- Proof of passage on a cruise ship

Obligation to Declare when entering or leaving Costa Rica:

When entering or leaving a port in Costa Rica, if you carry an amount equal to or greater than the US \$ 10,000 or its equivalent in other currencies, cash or securities, you must request and complete the form provided for this purpose at the migration post and present it to the Customs Authority for verification; The declaration must be made before finalizing the corresponding immigration procedures. The omission of what is established by Costa Rican law (No. 8204, article 35) will result in the immediate loss of money.

For more information on entering Costa Rica and visas, please consult this link:

<https://www.migracion.go.cr/Paginas/Visas.aspx>

8. HEALTH REQUIREMENTS

Costa Rica has no restrictions on entry into its territory within the framework of the current contingency, however, entry is conditional on the approval of the health and immigration authorities at the point of entry, who may verify at any time the requirements established in the applicable legal provisions in the immigration review filter.



¿What inoculations do I need before entering Costa Rica?

Starting on July 30, 2007, all travelers coming from the following countries must possess a yellow fever vaccination certificate before entry into Costa Rica will be allowed: Angola, Benin, Burkina Faso, Cameroon, Democratic Republic of the Congo, Gabon, Gambia, Guinea, Liberia, Nigeria, Sierra Leone, Sudan, Bolivia, Venezuela, Brazil, Peru, Colombia, Ecuador and the Republic of Guyana.

8. GENERAL INFORMATION

Special Requirements

Participants with accessibility requirements may reach the contact persons and provide them with a brief description of needs to ensure that appropriate arrangements can be made.

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Climate

In geography, the region between the Tropics of Cancer and Capricorn is called the tropics. Costa Rica is located in this region, which gives its ecological surroundings – its forests, waters, soils and climate – certain tropical characteristics. Its flora and fauna are adapted to these conditions, meaning that they are tropical as well.

This tropical climate is modified by various factors, including relief (mountains, plains and plateaus), its position on the Central American isthmus, the influence of the oceans (winds and sea breezes and the temperature of ocean currents) and the general atmospheric circulation. The interaction of all of these local geographic, atmospheric and oceanic factors are the main causes of the country's regional climate.

In general, the Central region has a dry period between December and March and rainy period between May and October. At the end of June, there is a short but very popular summer, known as "Veranillo de San Juan".

The temperature varies according to the altitude, the higher the altitude the colder. The Western has an average height of 1100 meters above sea level while the Eastern is higher, 1300 meters above sea level; in the first, the highest temperatures are reached in March and April; in the second, in April



and May. The northwest-southeast orientation of the mountain system divides Costa Rica into two slopes: the Pacific and the Caribbean. Each of these presents its own precipitation regime and temperatures, with particular characteristics of spatial and temporal distribution. More details can be consulted in the following [website \(https://www.visitcostarica.com/es/costa-rica/climate\)](https://www.visitcostarica.com/es/costa-rica/climate).

Time zone

Costa Rican Standard Time will remain 6 hours behind Coordinated Universal Time (UTC -6).

Currency

Costa Rica's unit of currency is the Colón (CRC). The exchange rate according to the Central Bank of Costa Rica is 540.01 colones per dollar*. Retail stores do not accept payments in other currencies. Delegates are advised to exchange currency at the exchange centers available upon arrival at the airport. Most ATMs accept VISA and MasterCard, among others. Commonly, retail establishments also accept VISA and MasterCard debit and credit cards.

*Data taken on August 11, 2023 from the website of Central Bank of Costa Rica.

For more information please visit:

[website https://gee.bccr.fi.cr/indicadoreseconomicos/Cuadros/fmVerCatCuadro.aspx?idioma=1&CodCuadro=%20400](https://gee.bccr.fi.cr/indicadoreseconomicos/Cuadros/fmVerCatCuadro.aspx?idioma=1&CodCuadro=%20400).

Medical Insurance

In the event of illness or injury, delegates will be responsible for any costs incurred in attending Costa Rican medical facilities. Therefore, they should consider arranging travel insurance before traveling to Costa Rica, and ensure that they have an appropriate level of coverage during their stay in the country.

Electricity

In Costa Rica the common voltage is 120 V. The frequency is 60 Hz. The plugs and sockets are of type A / B. In the following images you can see the types of plugs (plugs and sockets).

Plugs and sockets



Plug Type A



Plug Type B

Tourist Information

The Government of Costa Rica provides useful tourist information through the following link:

[website \(https://www.visitcostarica.com/es\)](https://www.visitcostarica.com/es).

Service charge

In Costa Rica, the service charge is included to the bill in restaurants and cafes, which is compulsory.

However, if you are satisfied with the service you receive, you can provide a voluntary additional tip.