



**ITU Expert-Level Training on network cost
modeling - Level II
for National Regulatory Authorities and
Operators**

Mangochi, Malawi, 1st – 5th November, 2010



INFORMATION NOTE

1. VENUE OF THE TRAINING

The training will be held from 1st to 5th November 2010 in Mangochi, Malawi at the following address:

Nkopola Hotel
P.O Box 14 Mangochi, Malawi.
Tel: +265 1 580 444 Fax: +265 1 580 420
Email: nkopola@sunbirdmalawi.com.

2. REGISTRATION AND WORKING HOURS

The registration of the participants and distribution of documents will take place at the meeting venue on Sunday 30/10/2010, from 14.00. The opening session will start at 09.00 am on Monday 1st November 2010 and the proposed working hours shall be from 09:00 to 17:00 each day.

3. PROPOSED ACCOMODATION

Kindly be advised that it is recommended for participants to reserve their hotel accommodations via telephone or fax, by sending the Hotel Reservation Form directly to the hotels, indicating their arrival schedules, with a copy to the Workshop Coordinator, Harriet Kaime, E-mail hkaime@macra.org.mw or nangozo@gmail.com and Fax No. 265 1 883 890 **before 15/10/2010.**

4. LIST OF HOTELS

Hotel			Contact	Bed & Breakfast
ClubMak	Mangochi	+265 1580244	Francis or Edina +265 8 88371891 +265 8 88830077 reservations@clubmak.com	Single - US\$128.00 Double - US\$98/person Suite - US\$147.00 Sharing - US\$113.00
Nkopola Lodge	Mangochi	+265 1580444	Neverton Mhone neverton@sunbirdmalawi.com +265 8 889 65201	US\$108.00 flat rate
Boadzulu	Mangochi	+265 1598125	Ranken Sinchaya +265 8 88 908 777	Single - US\$64.00
Andrews Holiday Resort	Mangochi	+265 1598072	Angel Gondwe +265 999941264	Single – US\$55.00 Double – US\$75.00
Twin Tower Lodge	Mangochi	+265 995718131 +265 999445076	Steve Bvumbwe	Single US\$20.00 Double US\$35.00
Pamudzi Lodge	Mangochi	+265 1 580 770	Felix Hauri +265 8 88305966	Single - US\$US\$30.00 Double – US\$US\$35.00

5. TRANSPORTATION

MACRA will only provide transportation from Airport to the hotels listed above and from the hotels to the workshop's venue and vice versa.

6. VISA REQUIREMENTS

Those countries which need visa to enter Malawi should process the same in their countries unless otherwise. Countries that do not need visa to enter Malawi include:

British Subjects being citizens of the United Kingdom and Colonies, British protected persons. Antigua and Barbuda, Australia, Bahamas, Bangladesh, Barbados, Belgium, Belize, **Botswana**, Brunei Darussalam, Canada, Cyprus, Denmark, Dominica, Fiji, Finland, **Gambia**, Germany, **Ghana**, Grenada, Guyana, Iceland, Ireland, Israel, Jamaica, **Kenya**, Kiribati, **Lesotho**, Luxembourg, **Madagascar**, Maldives, Malta, Mauritius, **Mozambique**, **Namibia**, Nauru, Netherlands, New Zealand, **Nigeria**, Norway, Papua New Guinea, Portugal, St Kitts and Nevis, St Lucia, St Vincent and the Grenadines, Samoa, San Marino, Seychelles, **Sierra Leone**, Singapore, Solomon Isles, **South Africa**, **Swaziland**, Sweden, **Tanzania**, Tonga, Trinidad and Tobago, Tuvalu, **Uganda**, USA, Vanuatu, **Zambia**, **Zimbabwe**.

Note: *African countries are in bold.*

7. OTHERS

i) TEMPERATURE

Malawi Weather and Climate

The weather varies from cool in the highlands to warm around Lake Malawi. Summer (August to October) days and nights are hot and dry. The rainy season runs from November to March. Around Lake Malawi, in winter, the climate is particularly dry with pleasant cooling breezes.

ii) Required Clothing

In November and part of December, Mangochi is very hot unless otherwise. It is advisable to carry light clothes, it is advisable to have a few warm clothings as climate is unpredictable because of the global warming.

iii) LANGUAGE

English and Chichewa are the main languages. The workshop will be conducted in English.

iv) LOCAL CURRENCY

The following are the exchange rates for major currencies against the Malawi Kwacha (MK):

US\$ 151.00

GBP 230.00

EUR 204.00

Rand 21.00

v) BANKS

Banks in Malawi open from 08:00 hrs to 15:00 hrs from Monday to Friday and from 09:00 hrs to 11:00 hrs on Saturdays, for all financial transactions. Money transfer agencies are also available.

vi) TIME DIFFERENCE

Malawi's standard time zone: GMT 2 hours

vii) EMERGENCY SERVICES (TEL. NUMBERS)

Police: 990 or 997

Fire: 900/999

Ambulance: 998

Helpline: 1100

viii) INSURANCE

Delegates are reminded that they are responsible for their personal insurance of all aspects relating to the participation at these meetings.

ix) ELECTRICITY

Throughout the country, all appliances run on 220 Volts. Outlets are of the 3-pin, 13 amp type.

x) TOURISM, CULTURE & ART

Malawi is called the "Warm Heart of Africa" and has got unique and fascinating tourist destinations and is home to Lake Malawi, one of the biggest fresh water lakes in Africa famous for its delicate fish species especially the "Chambo" not found anywhere else in the World. The nation has abundant wildlife, unique culture and naturally warm and friendly people always smiling and willing to assist. These attributes contribute immensely to the high degree of attractiveness that position Malawi as a prime tourist destination in the world.

xi) COMMUNICATION SERVICES

The country code for Malawi is +265. The country has two fixed line operators namely MTL (01) and ACL (012) as well as two mobile operators namely ZAIN (099) and TNM (088). Internet services are also available from internet cafes in and around the major cities and hotspots at major Hotels and International Airports.

xii) COUNTRY INFORMATION

Malawi is a landlocked country bordering Zambia, Tanzania and Mozambique. It has a total land area of 118,484 km² (water percentage of 20.6%) with an estimated population of 13.5 million people. The capital city is Lilongwe and other major cities include Blantyre, Mzuzu and Zomba.



CONTACT INFORMATION		
NAME	PHONE NO.	E-MAIL ADDRESS
Harriet Kaime	+265 1 883 611	hkaime@macra.org.mw
	+265 1 874 225	nangozo@gmail.com
	+265 888 551 712	
	+265 995 512 189	