



**Partnership Dialogue**  
**ITU, Geneva, Switzerland**  
**30 September 2016**

***Be He@lthy Be Mobile:  
Making Digital and Mobile Health  
Deliver for the SDGs***

[www.who.int](http://www.who.int) • [mhealth4ncd.itu.int](http://mhealth4ncd.itu.int)

**Dr Vinayak Prasad**  
**World Health Organization**

A collaborative initiative between



# The Changing Face of Global Health

---

## Current drivers of global health:

- Focus on communicable diseases, especially in the developing world
- Vertical interventions for specific diseases
- Drive to meet most basic health care needs

## Post-2015: the changing agenda:

- Move from a focus on selected diseases to a more comprehensive approach
- Extending universal health coverage
- Innovation to foster health system efficiency

**Key issues:**  
***Access and Affordability***

# Technology in the 2030 Sustainable Agenda

---

## **SDG 3: “Ensure healthy lives and promote well-being for all at all ages”**

3.4 By 2030, reduce by one third premature mortality from noncommunicable diseases through prevention and treatment and promote mental health and well-being

SERVICE ACCESS AND QUALITY

3.8 Achieve universal health coverage

PHYSICAL AND FINANCIAL ACCESS

3.c Substantially increase health financing and the recruitment, development, training and retention of the health workforce in developing countries REMOTE TRAINING

## **SDG 17: ”Strengthen the means of implementation and revitalize the global partnerships for sustainable development”**

17.6 Enhance North-South, South-South and triangular regional and international cooperation on and access to science, technology and innovation

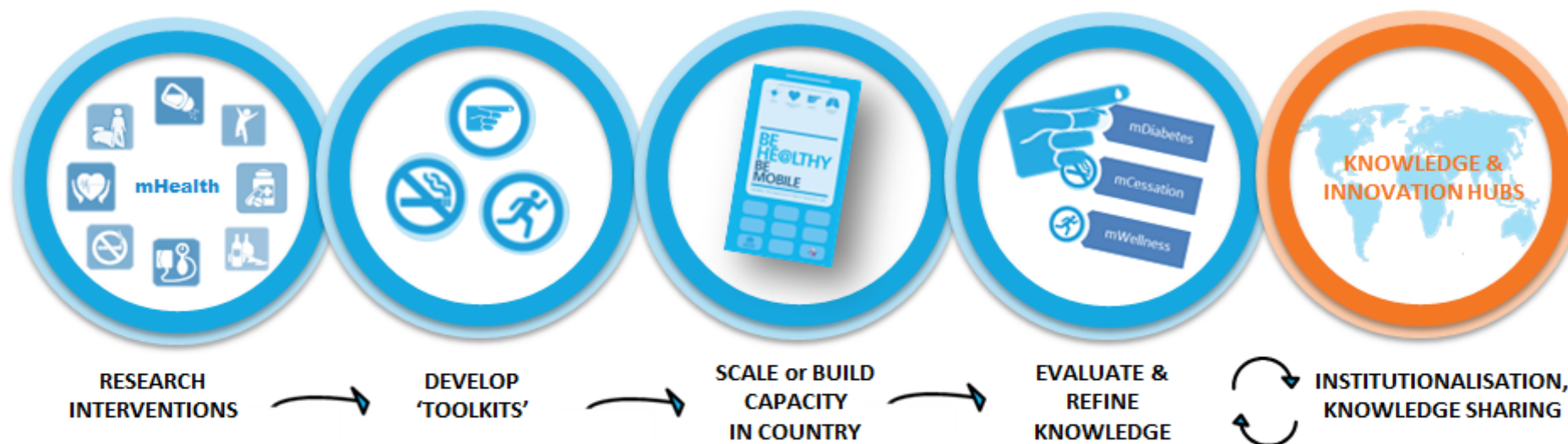
COUNTRY COLLABORATION

17.17 Encourage and promote effective public, public-private and civil society partnerships INTER-SECTORAL COLLABORATION

---

**But successful digital solutions need to achieve  
SCALE...**

# Be He@lthy Be Mobile: Sustainable scale-up



## 2013 – 2016: Be Healthy Be Mobile Programme

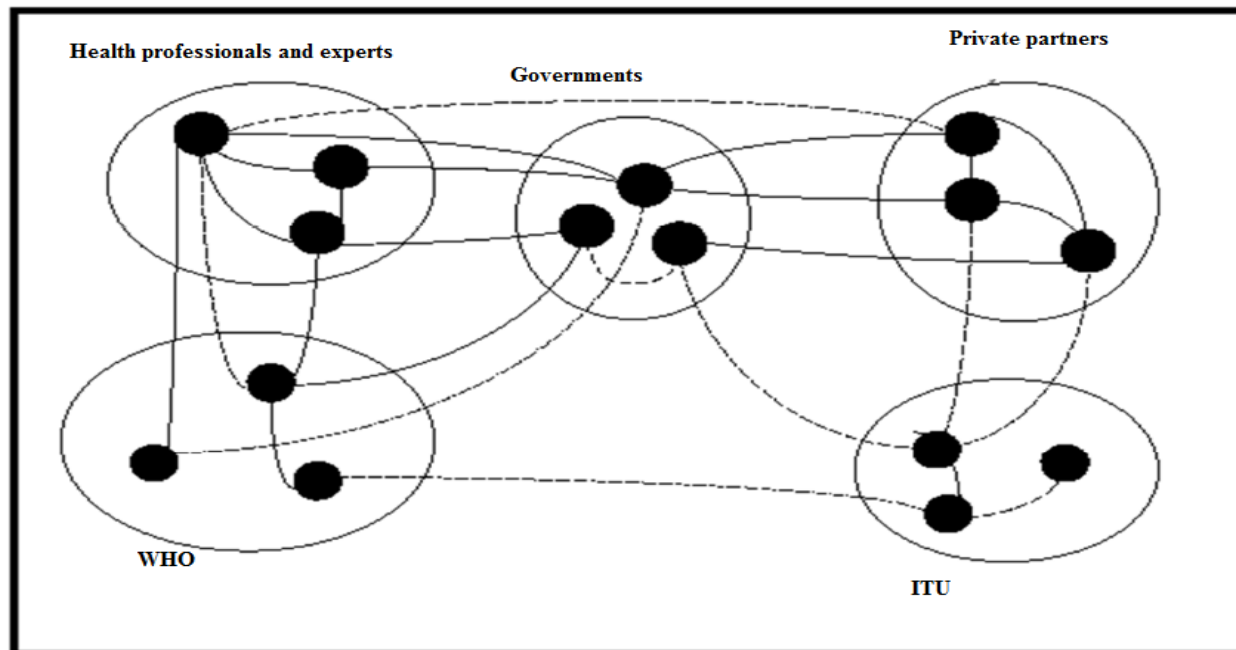
- Develop best practice for mHealth at scale
- WHO-ITU build & trial reusable tools to be shared globally

## Beyond 2016

- Scale mHealth globally in a meaningful way
- Develop light touch service models

# Developing the digital ecosystem

- Programs are needs-driven, government-owned and highly collaborative:
  - **Intragovernmental:** Ministry of Health, Ministry of Communications
  - **Inter-sectoral:** governments, civil society, multilaterals, academia and the private sector



# How we assist countries

---

**Building and strengthening** digital and mobile health tools and knowledge

**Scaling up** effective national digital and mobile health programs

**Catalyzing new and impactful** digital and mobile health solutions for the SDGs

# mHealth toolkits

---



mDiabetes



mCessation



mHypertension



mCervicalCancer



mCoPD



mAgeing



mTB/Tobacco



mTB/Diabetes



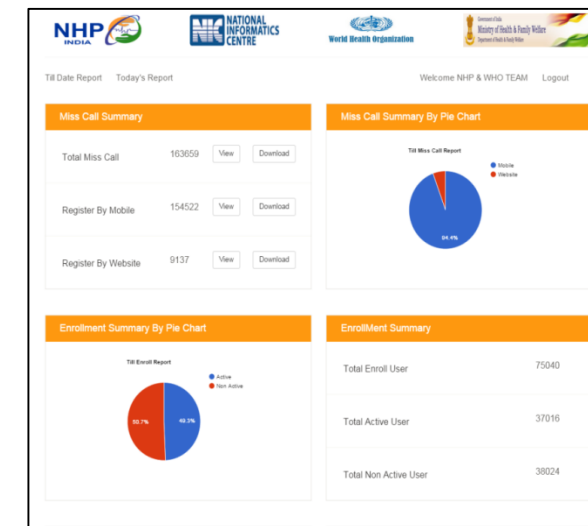
# Country programmes 2013-2016

Country	Status
<b>India</b>	National launch January 2016 to all states, currently over 2 million users registered
<b>Philippines</b>	Launch of mobile health in 2-3 cities by end of 2016
<b>Senegal</b>	Multiple national mDiabetes campaigns for prevention, treatment support and health worker training reached about 50,000 participants
<b>Costa Rica</b>	National platform set up, leading regional interest in the technology (Mexico, Nicaragua, Panama)
<b>Tunisia</b>	National platform launch September 2016
<b>United Kingdom</b>	Developing a digital hypertension tool for 2017
<b>Norway</b>	In-country production of mCOPD solutions (2016)
<b>Zambia</b>	mCervicalCancer under preparation for launch in 2016
<b>Egypt</b>	3 mRamadan campaigns reaching over 50,000 patients in total



# Case study: mCessation in India

- National services launched in Jan 2016
- Unique feature: missed call for registration
- Live dashboard
- 160,000+ registered in the first week and over 1.2 million by June
- Funding committed from both the Ministries of Health and ICTs
- Integrated M&E plan from the onset to assess impact



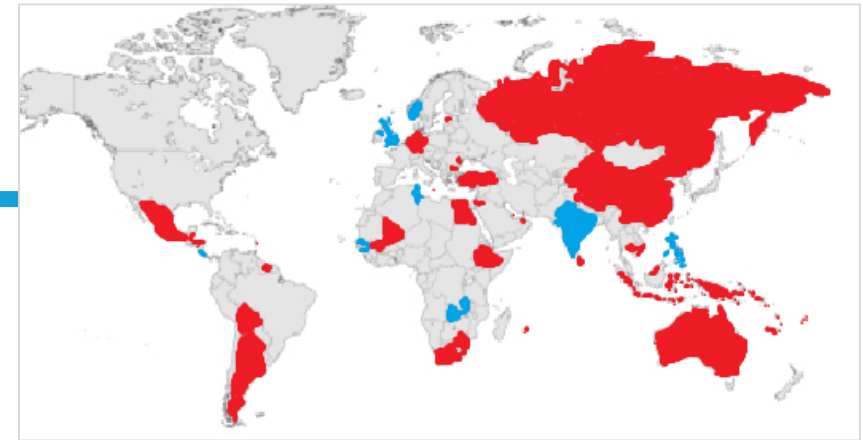
# mCervicalCancer in Zambia



*“Women should not die from highly preventable diseases such as cervical cancer due to **lack of access to information**. We are excited that Zambia will be launching the mCervicalcancer program, the first in the world. mCervicalcancer will enable women in hard to reach areas of Zambia have access to life-saving information...”*

*Her Excellency, Mrs Esther Lungu,  
First Lady of the Republic of Zambia*

# And demand is growing...



## Countries that have sent an Official Request (16)

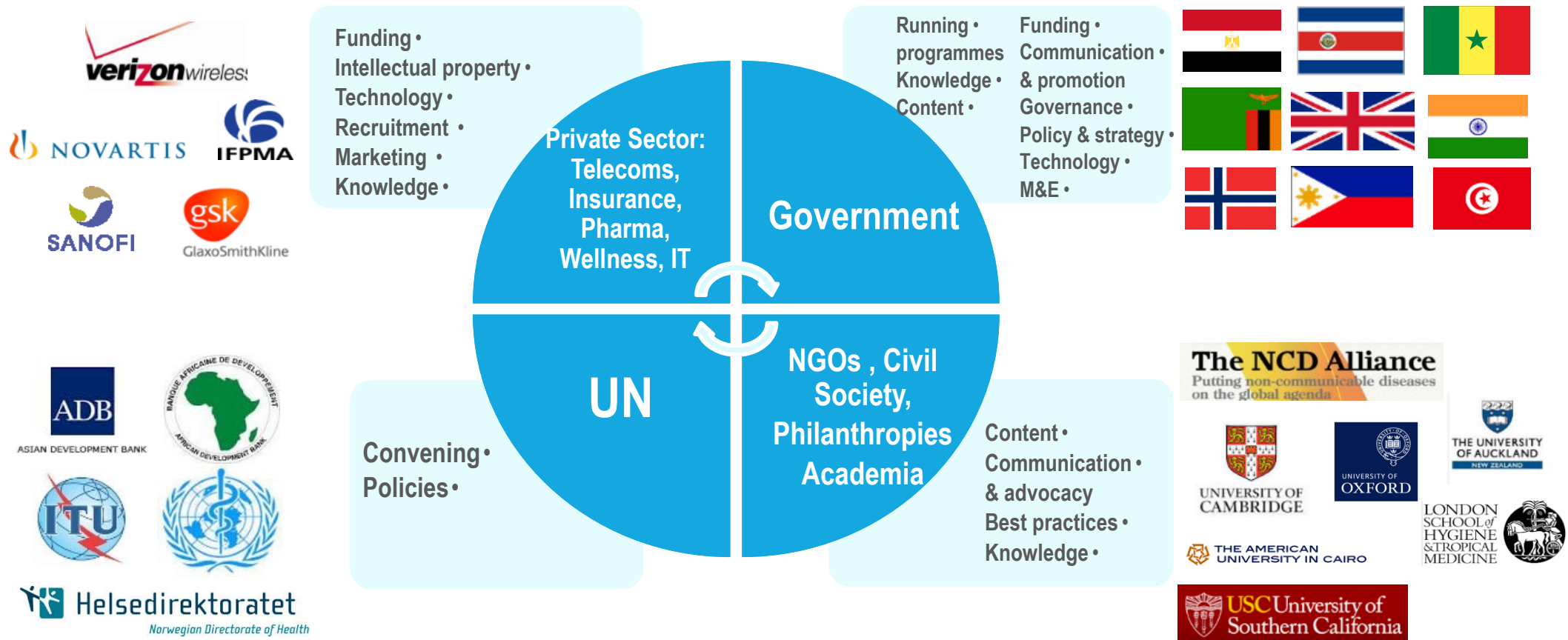
- Brunei
- Costa Rica
- Egypt
- India
- Mauritius
- Mexico
- Moldova
- Norway
- Panama
- Philippines
- Russian Federation
- Senegal
- Suriname
- Tunisia
- United Kingdom
- Zambia

## Countries that have expressed interest in joining the initiative (45+)

- |           |   |              |
|-----------|---|--------------|
| Algeria   | Germany   | Saudi Arabia |
| Argentina | Honduras  | Spain        |
| Bahrain   | Indonesia   | Sri Lanka    |
| Barbados  | Israel  | Thailand     |
| Bolivia   | Jordan  | Tonga        |
| Brazil    | Mali  | Turkey       |
| Bulgaria  | Malta   | Turkmenistan |
| Comoros   | Mexico  | UAE          |
| Estonia   | Pacific Islands (Fiji,<br>British Samoa, American<br>Samoa) | Viet Nam     |
| Ethiopia  |   |              |

# Partnerships: cross-sectoral model

THE PROGRAM IS UNIQUE IN THAT IT ADOPTS A MULTI-SECTOR PARTNERSHIP STRUCTURE AND ENGAGES IN COUNTRY PARTNERS AND GOVERNMENTS TO MAXIMIZE SUCCESS.



# Further strategies for knowledge expansion



## OBJECTIVE OF HUB

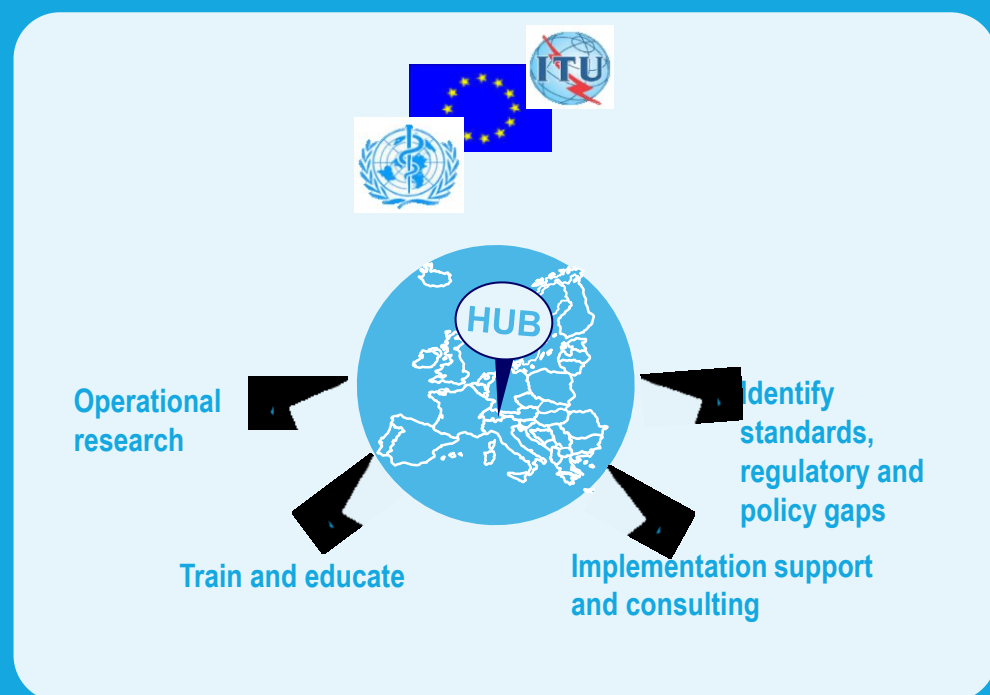
- Scale-up mHealth success
- Access to WHO/ITU/EC accredited content
- Facilitate innovation
- Thought leadership



## STRUCTURE

- WHO-ITU & EC support in setup
- Core full-time team dedicated to:
  - project management
  - technology/IT
  - partnership and communications
  - monitoring and evaluation
  - administrative/financial support
- Operational research

## KNOWLEDGE & INNOVATION HUB Core Functions





mHEALTH FOR NON-COMMUNICABLE DISEASES (NCDs) INITIATIVE



CANCER



CARDIOVASCULAR  
DISEASES



DIABETES



RESPIRATORY  
DISEASES

**BE  
HE@LTHY  
BE  
MOBILE**

MOBILE TECHNOLOGY FOR A HEALTHY LIFE

# THANK YOU

Vinayak Prasad  
[prasadvi@who.int](mailto:prasadvi@who.int)

