





# ITU Regional Training Workshop on

# "Human exposure to Electromagnetic Fields (EMF) & Specific Absorption Rate (SAR)" in the Arab Region

3-2 December 2019, Amman, JORDAN

# Information for participants

# **VENUE OF THE WORKSHOP**

The Workshop will be held from 2 to 3 Dec. 2019 in Amman at the following address:

Venue: Sheraton Amman Al Nabil Hotel

Address: **O** 962 6 593 4111 **M** 962 777 527 064

5<sup>th</sup> Circle, P.O. Box 840064 Amman 11184, Jordan

#### **COORDINATORS**

#### **ITU Coordinator**

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# **Host Country / Workshop Coordinator**

Mrs. Nahida Akroush

Media and Communication Dept. Telecom Regulatory Authority, Jordan

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E-mail: nahida.akroush@trc.gov.jo

## **REGISTRATION AND WORKING HOURS**

The registration of the participants to be done online via the Workshop homepage (<u>click here</u>). The on-site registration will take place in the Training venue on 2 December 2019 at 09:00am. The opening session will start at 09:00 am. Working hours are from 09:00 to 17:00.

# **HOTEL RESERVATION**

Kindly be advised that it is recommended for participants to reserve their hotel accommodations via telephone, fax or E-mail, directly with the hotels of preference (ranging from 4 to 5 stars) indicating their arrival schedules before 15 Nov. 2019, with a copy to Meeting Coordinator, Mrs. Nahida Akroush, Media and Communication Dept., TRC Jordan (E-mail: nahida.akroush@trc.gov.jo; Mobile : +962795411841)

# List of recommended hotels

Name of the	Price (in Jordanian Dinar and including	Contact details for reservation
hotel	Breakfast)	
SHERATON	- Single Room : 80 JD - Double Room : 90 JD	Mr. Sroor Haddad
<b>Amman Hotel</b>		Mobile: +962 6 593 4111
(workshop		Tel: +962 6 5934111
venue)		E-mail: <u>Sroor.Haddad@sheraton.com</u>
5 <sup>th</sup> Circle		URL: Marriott.com/AMMSI
DANA PLAZA Hotel 6 <sup>th</sup> Circle	- Single Room : 45 JD including Tax - Double Room : 55 JD including Tax	Mr. Ahmed Abou Goush
		Mobile: +962 796651167
		E-mail: gm@danaplazahotel.com
		URL: www.danaplazahotel.com
RETAJ Hotel Between 5 <sup>th</sup> and 6 <sup>th</sup> Circle		Ms. Walaa El Khawalda
	Single Room: 40 JD including Tax	Mobile: +962 795281842
	- Double Room : 50 JD including Tax	E-mail: retajhotel@gmail.com
		URL: www.retajhoteljo.com

#### **VISA PROCEDURE**

A valid passport & visa are required to enter Jordan. Each participant is requested to consult the Jordanian Embassy in his/her country of origin to obtain the visa.

In case there is no Embassy or Consulate of Jordan in your country, it is recommended to send, at least three weeks before the Meeting, a copy of your passport to Mr. Mohammad Sulaiman, Media and Communication Dept., TRC (E-mail: <a href="mohammad.sulaiman@trc.gov.jo">mohammad.sulaiman@trc.gov.jo</a>; Mobile: +962798386852, Fax: +96265690830) in order to assist in issuing your visa.

#### TRANSPORTATION FOR PARTICIPANTS

Transfers to and from Queen Alia International Airport and official hotels will not be provided, airport Taxis are available 24 hours, the cost per trip is around (30 JD).

The airport has all necessary amenities, it is located (40) minutes from Amman city and the venue.

#### **PUBLIC TRANSPORTATION**

The officially recommended hotels are located close to the event venue. For those who wish to take a taxi, it is strongly recommended that delegates only use [yellow national taxis].

The cost of a journey of 10 kilometers is approximately [cost about 5 JD].

## CURRENCY

The official currency of Jordan is the **Jordanian Dinar**. Visa, American Express, Access/MasterCard, and Diners Club cards can also be used. Banks are opened from Sunday till Thursday, from 8.30 to 15.00.

The exchange current rates in Jordan as of November 2019 are as follows:

Dollar	0.71 JD
= Dollar	(approx.)
Euro	0.81 JD
Euro	(approx.)

# **CLIMATE**

The weather in December is cold. Approximate temperatures will vary between 10º-15ºC.

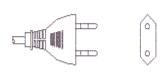
## **SECURITY**

The crime rate in Jordan is medium on UNDSS security advisory. However, visitors are advised to observe common safety practices while travelling (e.g. storing valuables in a safe, keeping wallets in a secure pocket, etc.). For any security incident, visitors should contact the police on 911.

## **ELECTRICITY**

AC power voltage in Jordan is 220V, frequency ~50Hz. Most electrical outlets are as shown below.





# SERVICES AVAILABLE FOR PARTICIPANTS DURING THE WORKSHOP

# **Communication Center:**

Internet Access free of charge will be available at the event room.

#### Security:

For security reasons, all participants should always wear their badges during the Workshop and in all social activities.

# **Medical Assistance:**

Emergency and urgency medical assistance will be provided free of charge within the premises where the Workshop will take place. Nevertheless, it is advised to take out international travel insurance to cover any medical expenses in case of medical treatment.

# **General Information about the Country of the venue:**

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Government	
King	His Majesty
	King Abdullah II ibn Al Hussein
Prime Minister	
Area	Amman
Population	9,530.0 (2017)
Capital	Amman
Official Language	Arabic
Country Code	962 6
Time Zone	GMT + 3