



ITU Regional Training Workshop on
"Human exposure to Electromagnetic Fields (EMF)
& Specific Absorption Rate (SAR)" in the Arab Region

3-2 December 2019, Amman, JORDAN

Information for participants

VENUE OF THE WORKSHOP

The Workshop will be held from 2 to 3 Dec. 2019 in Amman at the following address:

Venue: **Sheraton Amman Al Nabil Hotel**

Address: **O** 962 6 593 4111 **M** 962 777 527 064
5th Circle, P.O. Box 840064
Amman 11184, Jordan

COORDINATORS

ITU Coordinator

Eng. Mustafa Al Mahdi
Programme Administrator
Arab Regional Office-ITU
Tel: +202 3537 1777
Mobile: +20114 117 75 73
Fax: +202 3537 1888
Email: mustafa-ahmed.al-mahdi@itu.int

Host Country / Workshop Coordinator

Mrs. Nahida Akroush
Media and Communication Dept.
Telecom Regulatory Authority, Jordan
Tel : +962 6 5501120
Mob: +962 79 5411841
Fax : +962 6 5690830
E-mail: nahida.akroush@trc.gov.jo

REGISTRATION AND WORKING HOURS

The registration of the participants to be done online via the Workshop homepage ([click here](#)). The on-site registration will take place in the Training venue on 2 December 2019 at 09:00am. The opening session will start at 09:00 am. Working hours are from 09:00 to 17:00.

HOTEL RESERVATION

Kindly be advised that it is recommended for participants to reserve their hotel accommodations via telephone, fax or E-mail, directly with the hotels of preference (ranging from 4 to 5 stars) indicating their arrival schedules before **15 Nov. 2019**, with a copy to Meeting Coordinator, Mrs. Nahida Akroush, Media and Communication Dept., TRC Jordan (E-mail: nahida.akroush@trc.gov.jo; Mobile : +962795411841)

List of recommended hotels

Name of the hotel	Price (in Jordanian Dinar and including Breakfast)	Contact details for reservation
SHERATON Amman Hotel (workshop venue) 5th Circle	- Single Room : 80 JD - Double Room : 90 JD	Mr. Sroor Haddad Mobile: +962 6 593 4111 Tel: +962 6 5934111 E-mail: Sroor.Haddad@sheraton.com URL: Marriott.com/AMMSI
DANA PLAZA Hotel 6th Circle	- Single Room : 45 JD including Tax - Double Room : 55 JD including Tax	Mr. Ahmed Abou Goush Mobile: +962 796651167 E-mail: gm@danaplazahotel.com URL: www.danaplazahotel.com
RETAJ Hotel Between 5th and 6th Circle	Single Room : 40 JD including Tax - Double Room : 50 JD including Tax	Ms. Walaa El Khawalda Mobile: +962 795281842 E-mail: retajhotel@gmail.com URL: www.retajhoteljo.com

VISA PROCEDURE

A valid passport & visa are required to enter Jordan. Each participant is requested to consult the Jordanian Embassy in his/her country of origin to obtain the visa.

In case there is no Embassy or Consulate of Jordan in your country, it is recommended to send, at least three weeks before the Meeting, a copy of your passport to Mr. Mohammad Sulaiman, Media and Communication Dept., TRC (E-mail: mohammad.sulaiman@trc.gov.jo; Mobile : +962798386852 ,Fax: +96265690830) in order to assist in issuing your visa.

TRANSPORTATION FOR PARTICIPANTS

Transfers to and from Queen Alia International Airport and official hotels **will not be provided**, airport Taxis are available 24 hours, the cost per trip is around (30 JD).

The airport has all necessary amenities, it is located (40) minutes from Amman city and the venue.

PUBLIC TRANSPORTATION


The officially recommended hotels are located close to the event venue. For those who wish to take a taxi, it is strongly recommended that delegates only use [yellow national taxis].

The cost of a journey of 10 kilometers is approximately [cost about 5 JD].

CURRENCY

The official currency of Jordan is the **Jordanian Dinar**. Visa, American Express, Access/MasterCard, and Diners Club cards can also be used. Banks are opened from Sunday till Thursday, from 8.30 to 15.00.

The exchange current rates in Jordan as of November 2019 are as follows:

 Dollar	0.71 JD (approx.)
 Euro	0.81 JD (approx.)

CLIMATE

The weather in December is cold. Approximate temperatures will vary between 10°-15°C.

SECURITY

The crime rate in Jordan is medium on UNDSS security advisory. However, visitors are advised to observe common safety practices while travelling (e.g. storing valuables in a safe, keeping wallets in a secure pocket, etc.). For any security incident, visitors should contact the police on 911.

ELECTRICITY

AC power voltage in Jordan is 220V, frequency ~50Hz. Most electrical outlets are as shown below.



SERVICES AVAILABLE FOR PARTICIPANTS DURING THE WORKSHOP

Communication Center:

Internet Access free of charge will be available at the event room.

Security:

For security reasons, all participants should always wear their badges during the Workshop and in all social activities.

Medical Assistance:

Emergency and urgency medical assistance will be provided free of charge within the premises where the Workshop will take place. Nevertheless, it is advised to take out international travel insurance to cover any medical expenses in case of medical treatment.

GENERAL INFORMATION

General Information about the Country of the venue:

Government	
King	His Majesty King Abdullah II ibn Al Hussein
Prime Minister	
Area	Amman
Population	9,530.0 (2017)
Capital	Amman
Official Language	Arabic
Country Code	962 6
Time Zone	GMT + 3