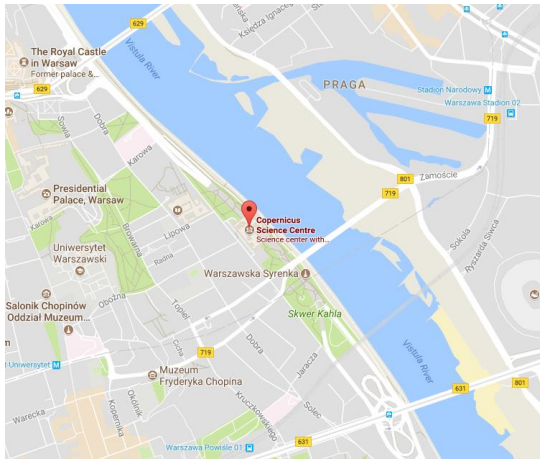


ITU Workshop on “5G, EMF & exposure limits” Warsaw, Poland, 5 December 2017

Practical information for Participants

1. Meeting Venue

Copernicus Conference Centre, 20 Wyrbrzeże Kościuszkowskie st., 00-390 Warsaw, Poland



The Copernicus Conference Centre (CCC) is located in the modern, striking building of the Copernicus Science Centre by the Vistula River. Surrounded by riverside green areas, it sits next to the Discovery Park, the “Heavens of Copernicus” Planetarium, and – naturally – the Copernicus Science Centre itself.

2. About Warsaw, Poland

Warsaw is the capital of Poland. Its widely varied architecture reflects the city's long, turbulent history, from Gothic churches and neoclassical palaces to Soviet-era blocks and modern skyscrapers. The city's Old Town was restored after heavy damage during WWII. Its heart is Market Square, with pastel buildings and open-air cafes. The Monument of the Warsaw Mermaid at its center is the city's symbol.

3. Weather

The weather check at <http://www.pogodynka.pl/>

4. Hotel Accommodation

SOFITEL Hotel

11 Królewska str, Warsaw, Poland

phone; (+48)22/6578011

<https://www.accorhotels.com/pl/hotel-3378->



[sofitel-warsaw-victoria/index.shtml](https://www.sofitel-warsaw-victoria/index.shtml)

Hotel Sofitel is located in the city centre of Warsaw and offers several accommodation options, which include a choice of rooms and suites, with excellent connections to the Old Town and nearest place of the venue.

Direct bus to CCC: 127, 318

NOVOTEL Warsaw Centre Hotel

94/98, Marszałkowska str

00-510 Warsaw, Poland

<https://secure.accorhotels.com>

phone: +48 22 596 25 40

Hotel is located in the city centre of Warsaw, in the vicinity of Central Railway Station, with excellent connections to Warsaw Chopin Airport (WAW) and the Old Town and offers several accommodation options, which include a choice of rooms and suites.

Direct bus to CCC:127

MERCURE Warsaw Centre Hotel

48/54 Złota str

00-120 Warszawa, Poland

<https://www.accorhotels.com/pl/hotel-3385-mercure-warszawa-centrum/index.shtml>

phone: +48 22 697 37 67

Hotel is located in the city centre of Warsaw, in the vicinity of Central Railway Station, with excellent connections to Warsaw Chopin Airport (WAW) and the Old Town and offers several accommodation options, which include a choice of rooms and suites.

Direct bus to CCC: 185, second line of the metro

Polonia Palace

45 Al. Jerozolimskie str

00-692 Warsaw, Poland

contact:

<mailto:poloniapalace@syrena.com.pl>

phone: 48 22 31 82 888

<http://www.poloniapalace.com/pl/default.html>

Hotel offers several accommodation options, which include a choice of rooms, suites and an exclusive English Apartment featuring a unique view of Warsaw and modern amenities.

Hotel is located in the city centre of Warsaw, in the vicinity of Central Railway Station, with excellent connections to Warsaw Chopin Airport (WAW) and the Old Town.

Direct bus to CCC: 127

Radisson Blue Sobieski Hotel

1 Plac Zawiszy str,

02-025 Warsaw, Poland

<https://www.radissonblu.com/pl/sobieski-warsaw>

Hotel is located in the city centre of Warsaw, in the vicinity of Central Railway Station, with excellent connections to Warsaw Chopin Airport (WAW) and the Old Town and offers several accommodation options, which include a choice of rooms and suites.

Direct bus to CCC: 127

Hotel Campanile Varsovie

2 Towarowa str, Warsaw, Poland

Phone: +48 223 072 337

<https://www.campanile.com/en/hotels/campanile-varsovie-warszawa>

Campanile Warsaw is a hotel located in the city centre of Warsaw, in the vicinity of Central Railway Station, with excellent connections to Warsaw Chopin Airport (WAW) and the Old Town.

Buses to the ITU event is

Direct bus to CCC: 127, also M2 metro line

Reservation in Recommended Hotels:

Will be completed soon

5. Visa Information

All visitors require valid passports to travel to Poland and visa regulations vary according to nationality and country of origin and these should be checked for at your nearest tourist office or embassy before leaving your country.

Contact Point:

For any further information you may require or if you need a personal invitation letter or official document for your travel clearances, please contact:

Name: Magda Kwiatek, **e-mail:** m.kwiatek@itl.waw.pl

6. Health Requirements

ITU advises all the participants to take medical and travel insurance covering the whole period of the overseas travel. Neither ITU nor the Ministry of Digital Affairs, Poland will be able to meet any expenses relating to injury, accident or medical treatment of the participant during their stay in Poland.

7. Arrival at airport

Chopin Airport;

- public transport - first to the bus 175 and then change to 127,
- a taxi for less than 10 euros (use official one only)

8. Transportation

Hotels officially recommended are located close to the event venue. For those who wish to take a taxi, most places you are staying at will call them for you or you will find them in the town center and around and about. Public transport can be also used. Buses 127, 118 and 105 stops closest to event venue. Tickets can be bought at yellow vending machines, available also at most busses, English language provided.

9. Services available for participants during meetings

Communication center:

Internet Access free of charge will be available at the event conference hall.

Security:

For security reasons, all participants should be permanently using their badges during the meeting.

Medical Assistance:

Emergency and urgency medical assistance will be provided free of charge within the premises where the meeting will take place (kindly confirm). Nevertheless it is advised to take out international travel insurance to cover any medical expenses in case of medical treatment.

10. Banks & Currency

Banks in Poland are usually open from 8:00 – 18:00 and the official currency is Polish Zloty.

11. Language

Polish is the main language used in Poland but English is also widely spoken.

12. Time Zone:

Poland is UTC +01:00

13. Electricity:

In Poland the power sockets are of type E. The standard voltage is 230 V and the standard frequency is 50 Hz.



Type E: This socket also works with plug C. Plug F will work if it has an additional pinhole
