

Rehabilitating the Mind: Using AI to Track and Treat Mental Illness

Paul Sajda, Ph.D.

Laboratory for Intelligent Imaging and Neural Computing (LIINC)

Department of Biomedical Engineering & Data Science Institute

ITU-WHO 11/18

The "Cost" of Mental Illness



National Alliance on Mental Illness (NAMI)

1: Health Aff May 2016 10.1377/hlthaff.2015.1659

- Mental Disorders most costly (\$200B pa) health issue in the US¹
 - 2nd is cardiovascular disease (\$145B)

• 2013



"Despite the many advances in neuroscience in recent years, the underlying causes of most of neurological and **psychiatric conditions** remain largely unknown, due to the vast complexity of the human brain."

Neurology vs. Psychiatry

 Neurology: branch of medicine dealing with disorders of the nervous system.

COLUMBIA UNIVERSITY



Su et al. NMR in biomedicine, 2008.

 Psychiatry: branch of medicine devoted to the diagnosis, prevention, study, and treatment of mental disorders





Hi, I'm Woebot.

I'm here for you, 24/7. No couches, no meds, no childhood stuff. Just strategies to improve your mood. Plus the occasional dorky joke.



• Machine Learning

COLUMBIA UNIVERSITY



Sherwin et al. NeuroImage, 2015

• Multimodal Imaging



Muraskin et al. Proc. of IEEE, 2017

Closed-Loop Control



Faller et al. Conf. Proc. of IEEE SMC , 2016

Examples: Machine Learning for ...

- identifying and tracking neural correlates of deceased related thinking for patients with <u>complicated grief disorder (CGD)</u>
- identifying brain networks in severe <u>obsessive</u>
 <u>compulsive disorder (OCD)</u>
- closed-loop personalized neuromodulatory treatment of <u>major depressive disorder (MDD)</u>



Complicated Grief Disorder

Complicated grief disorder (CGD): a disorder for those who are significantly and functionally impaired by prolonged grief symptoms for at least one month after six months of bereavement

Treatment: Psychotherapy

- Goal: To update the relationship, expectations and associations surrounding the deceased with the new reality of death.
- Process: An oscillating process of mental engagement and avoidance with the death.

Tracking Neural Correlates of Deceased Related Thinking

Emotional and Cognitive Stoop



Machine Learning: MVPA using FaSTGLZ

A Pattern Learning Task: Modified Stroop



Self-generated Unconscious Processing of Loss and Grief Severity



Identifying and Tracking Neural Correlates of Deceased Related Thinking for Patients with CGD

Neural markers of thought processes may be better predictors of clinical variables than patient self-reports

Self-generated unconscious processing of loss linked to less severe grieving

Potential for new modes of therapeutic treatment which promote conscious and unconscious remodeling of thought patterns

Acknowledgements

Collaborators

COLUMBIA UNIVERSITY

Truman Brown (MUSC)

Mark George (MUSC)

J. John Mann (Columbia, NYSPI)

Robin Goldman (UW-M)

This work supported by funding from





Postdocs and Students Noam Schneck

Stefan Haufe

Josef Faller

Jordan Muraskin

Golbarg Saber

Bryan Conroy

Jen Walz

Paul Sajda Lab URL IEEE Brain Initiative URL liinc.bme.columbia.edu brain.ieee.org