



**ITUKALEIDOSCOPE**  
NANJING 2017  
*Challenges for a data-driven society*

# Toward the Data-driven "Smart" and "Green" Hospital-care

**B. Spyropoulos, A. Alexandropoulos, N. Boci,  
E. Chatziapostolou, E. Frappa, E. Georgiadou, I. Louts,  
I. Pantelakis, M. Poultsaki, M. Xenaki**

Department of Biomedical Engineering, Technological Education  
Institute (TEI) of Athens, University of W. Attica, Athens, Greece

**Email: [basile@teiath.gr](mailto:basile@teiath.gr)**

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# ICTs and the modern Hospital

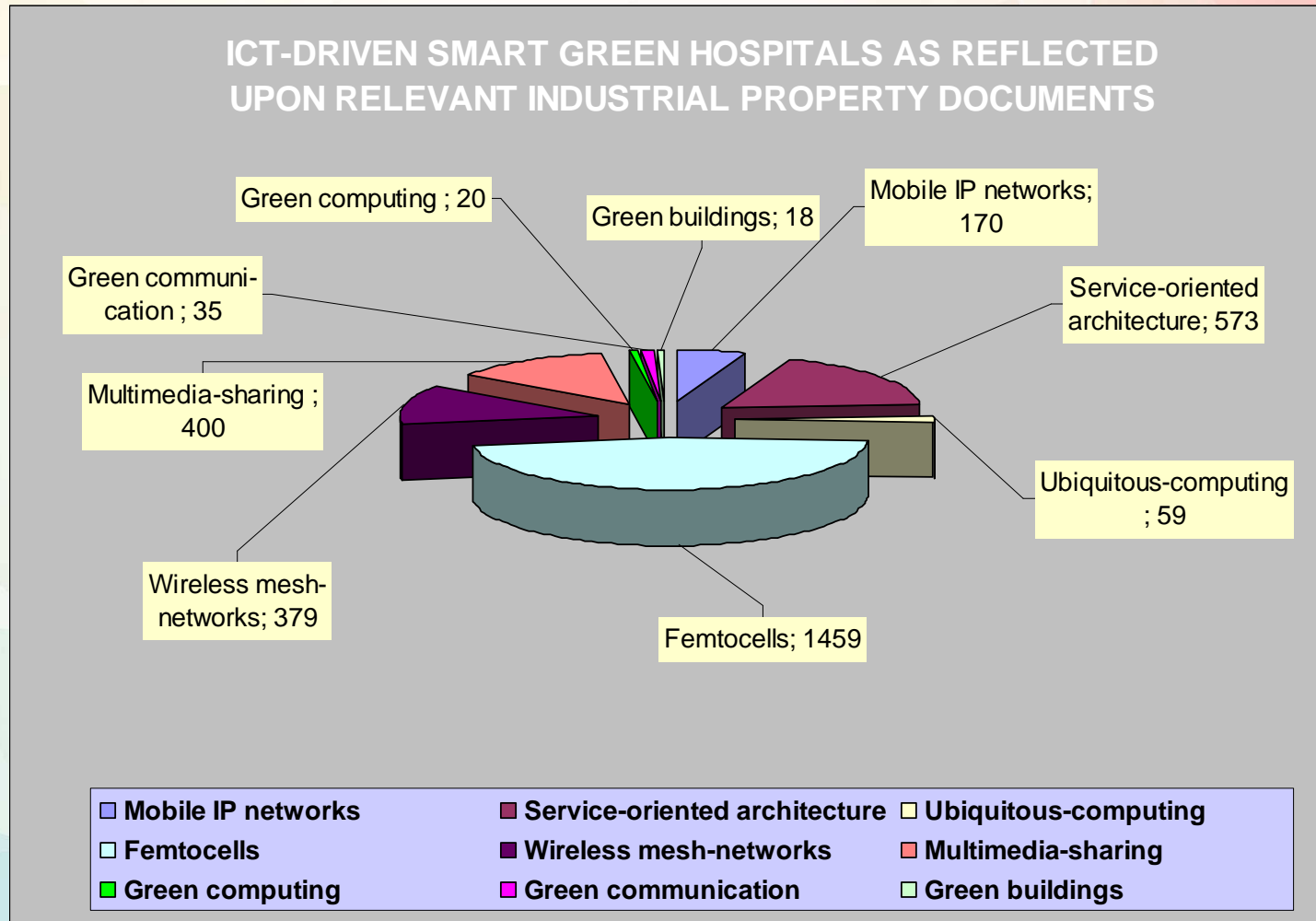
- The Hospital is the most **complex and representative establishment of the society**, and nowadays, the most **costly** one.
- ICTs may **rationalize personnel-efforts** and reduce **energy and material-wasting**, to enable **health-care coverage**, of unprivileged social-groups.
- This **collective paper** resumes a new creative and innovative **method of collective examinations** of our ICT & Biomedical Engineering (BME) graduate students.
- By assigning them **a set of appropriate topics**, they are setting up a **useful “mini-compendium”**, in our case the emerging **“ICT-driven Smart Green Hospital”**.

# Effective and efficient ICT-means and tools reducing unnecessary Hospitalization cost

- **Mobile IP-networks** IETF-standard communication allowing mobile-device users to move from a network to another maintaining IP.
- **Service-oriented architecture**, provided to other components by application-components, by a communication protocol, over a network.
- **Ubiquitous-computing** appearing anytime and everywhere, by embedding microprocessors into objects, allowing for communication and task-performing.
- **Femtocells**, small, low-power cellular base-stations, typically designed for use in a hospital-department, ward-room or unit.
- **Wireless mesh-networks**, made-up of radio-nodes, organized in a mesh-topology, supporting intra-hospital data-exchange.
- **Multimedia-sharing over wireless networks** for PACS, ICU, Lab etc. data-streaming over IP/wireless-networks.
- **Green-computing in wireless-networks**, limiting useless material intra-hospital “circulation”, enabling friendly and smooth procedures.
- **Standardization, policy and regulation** for green communications and computing and Communication Technologies for “green” buildings.

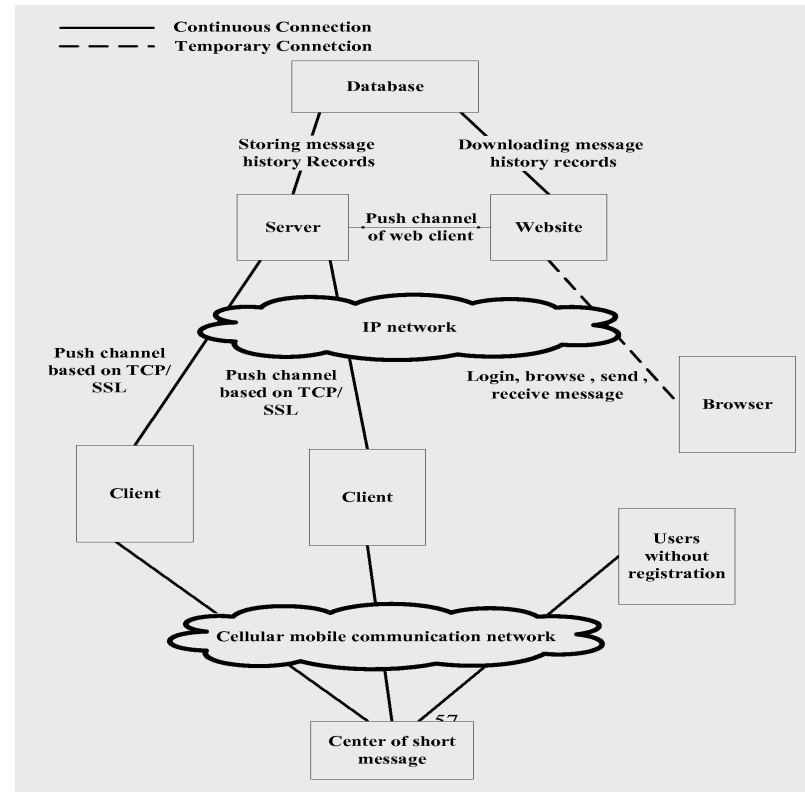
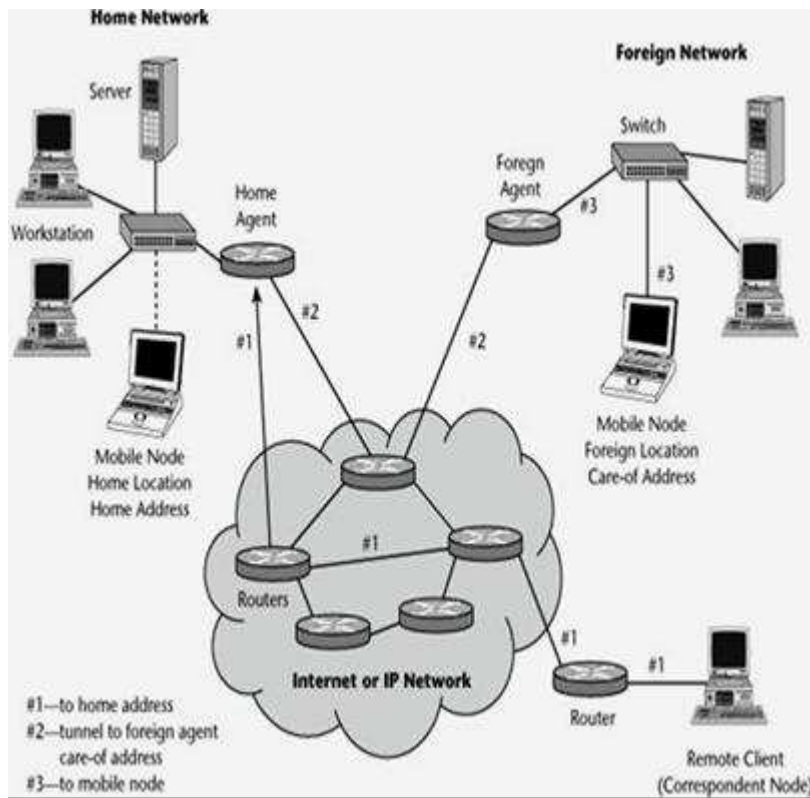


# ICT-driven Smart Green Hospitals as reflected upon retrieved & evaluated relevant IP-Docs





# System and Method for Automatically Switching Based on Cellular Mobile Communication Network IP-Network



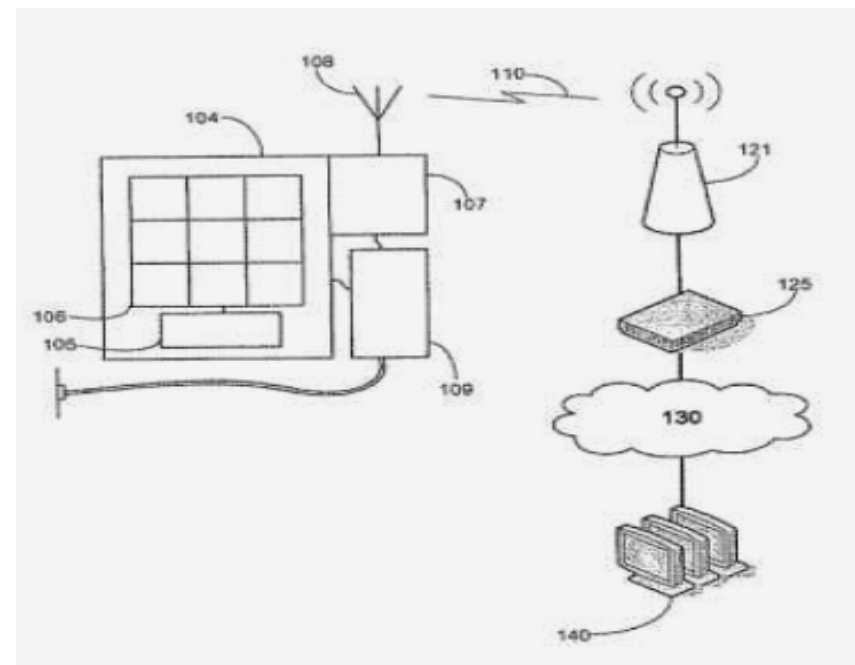
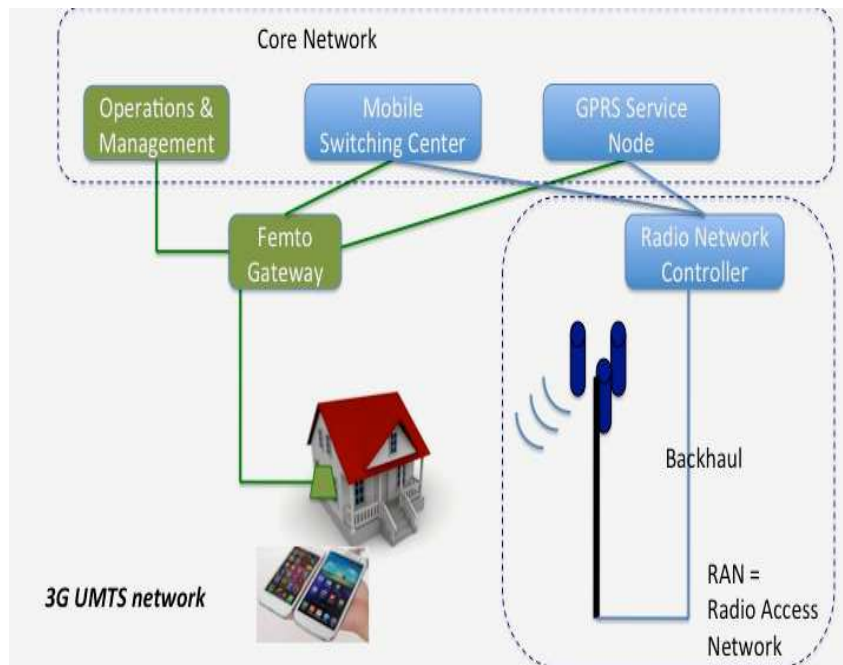
System and Method for Automatically Switching Based on Cellular Mobile Communication Network IP-Network. US 20140187240 A1





# Femtocell networks: low power and low-cost small base-stations that operate in a licensed spectrum

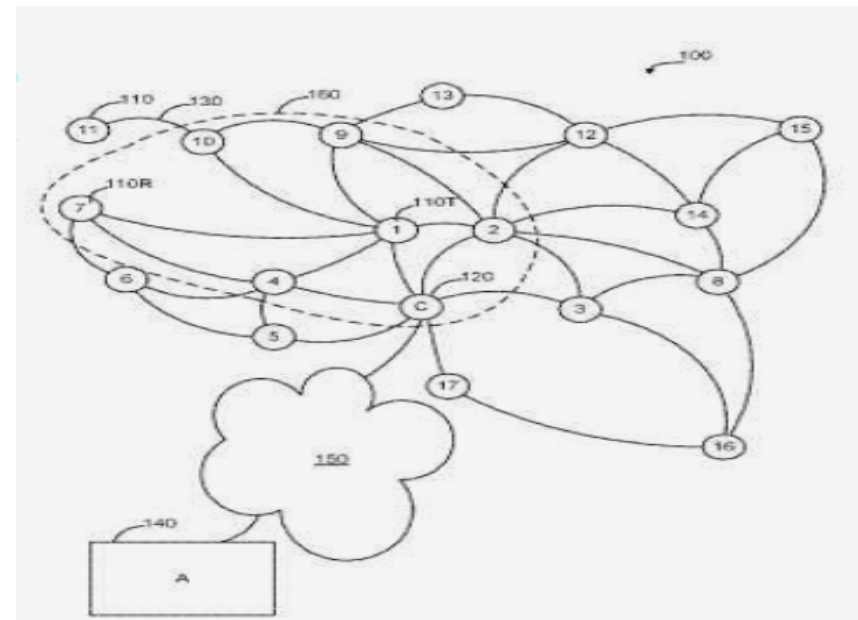
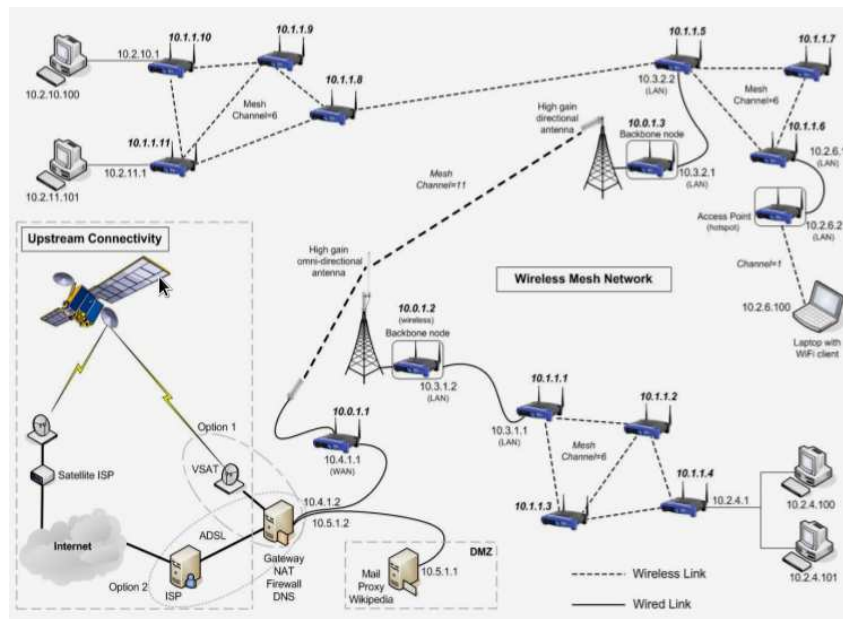
They usually have coverage of 30-40 meters and use the services of the existing broad-band connection to connect to the operator core network, such as digital subscriber line (DSL).



Left: A typical residential Femtocells Architecture. Using fixed mobile convergence Femtocells for alarm reporting, US2009273462 (A1), 2009-11-05. Right: An alarm reporting system and method for reporting alarms, to a central monitoring station, via low-power femtocells.



## A Wireless Mesh Network created by self-organized wireless nodes using multi-hop wireless relaying for data transfer



**Left: A typical wireless mesh network diagram, D. Johnson et al., Building a Rural Wireless Mesh Network: A do-it-yourself guide to planning and building a Freifunk-based mesh network, Meraka Institute, South Africa. Right: Methods and system to determine the “health” of WMNs are provided, US2017093663 (A1), 2017-03-30.**

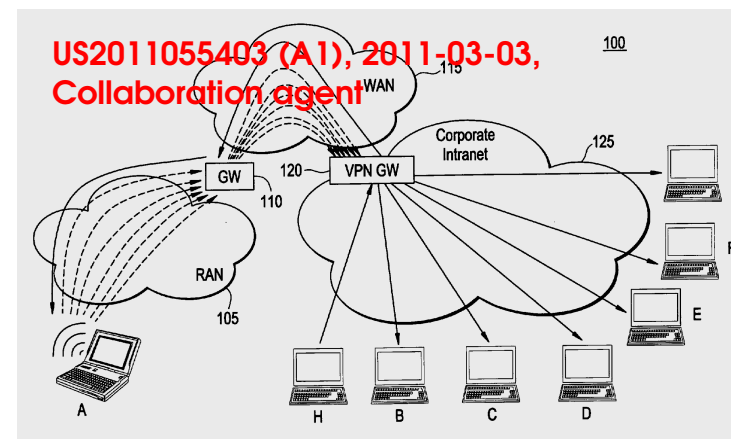
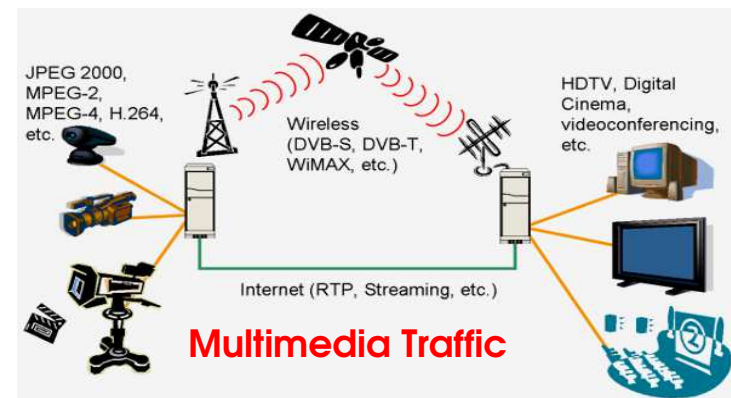


## Multimedia over Wireless Networks

**Hospital networks have played an important role in healthcare environment, with new apps that improve patient care and lead to dropping of unnecessary healthcare costs.**

**Such networks provide initial connectivity for a wide range of services, including:**

- Patient admission and patient records tracking
- Electronic Health Records (EHR).
- Wired/wireless communications for hospital staff.
- Real-Time Locations Systems (RTLS) (patient monitoring equipment-ICU).
  - Diagnostic imaging RIS, PACS.
  - Laboratory results (LAB).
  - Pharmacy.

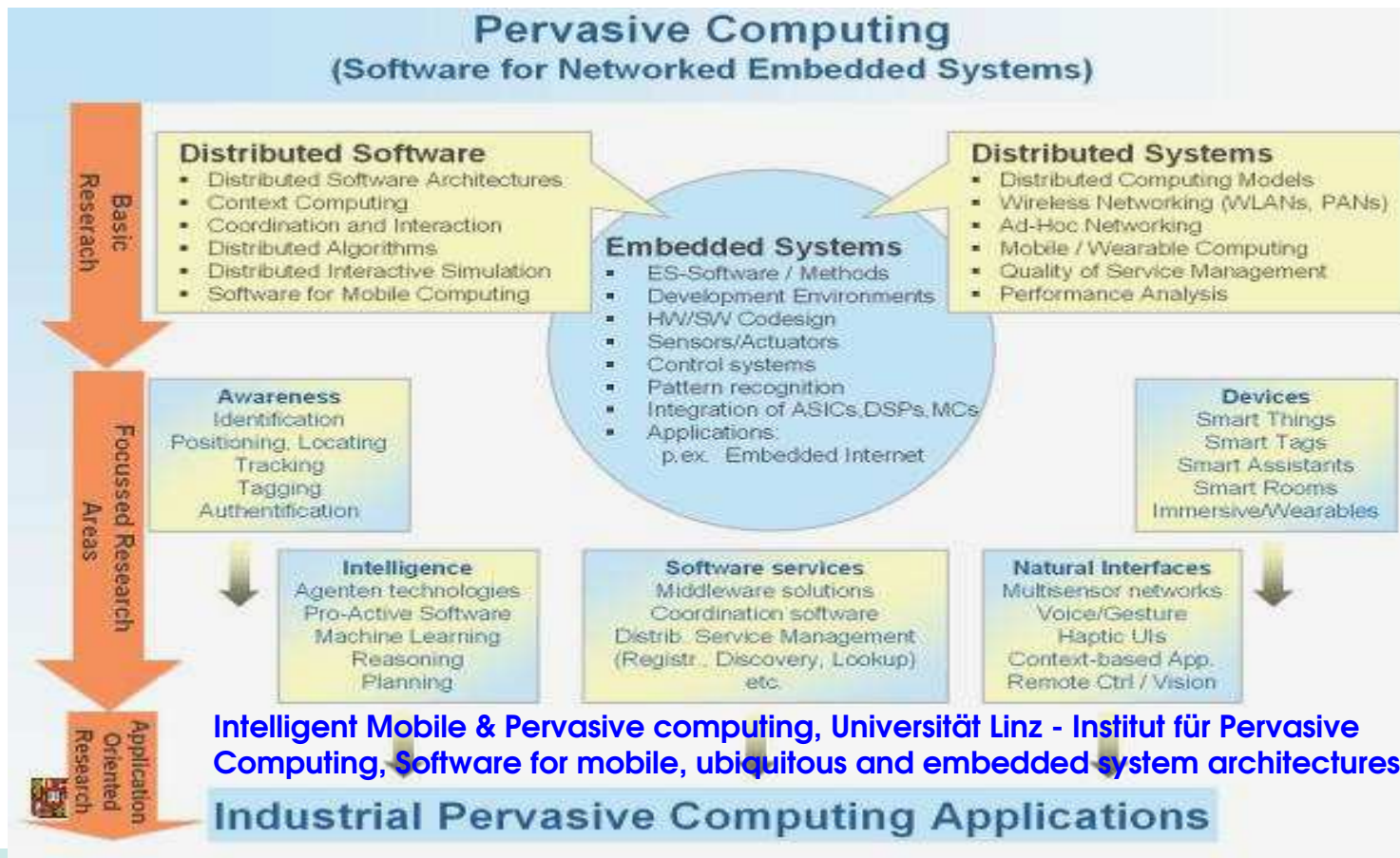






# Ubiquitous computing services and applications

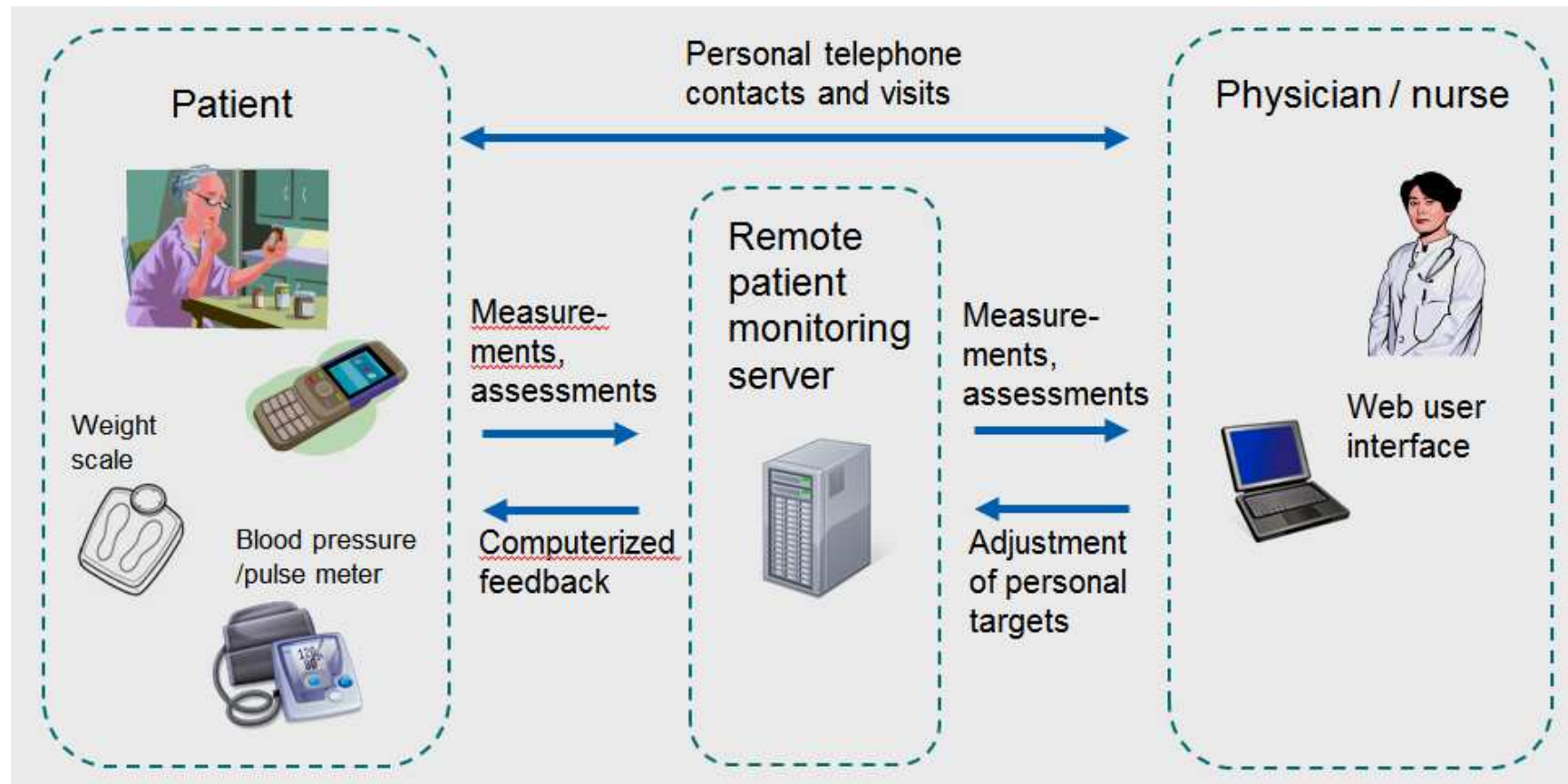
Ubiquitous computing envisions a world where embedded processors, computers, sensors, and digital communications are inexpensive commodities that are available everywhere





# Overall architecture for remote patient monitoring

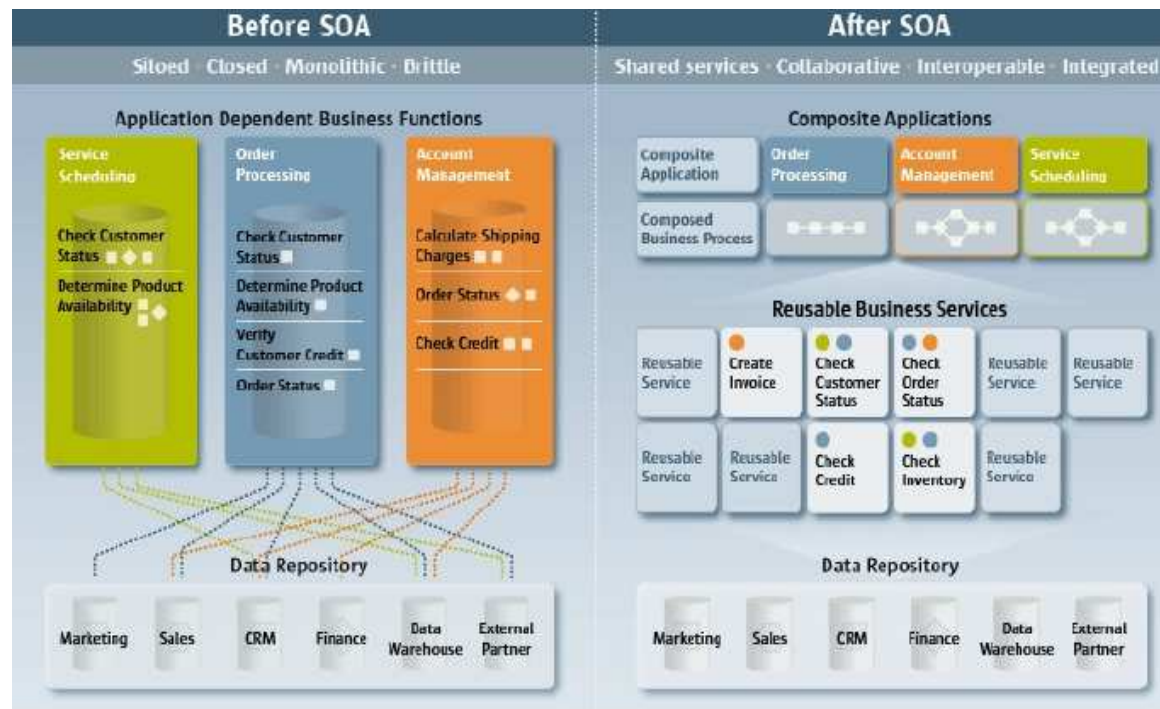
Anna-Leena Vuorinen et al., Use of Home Telemonitoring to Support Multidisciplinary Care of Heart Failure Patients in Finland: Randomized Controlled Trial





## Service Oriented Architecture (SOA)

SOA is a style of designing applications in such a way that they are composed of discrete software agents that have simple and well defined interfaces and are orchestrated through a loose coupling, to perform a required function

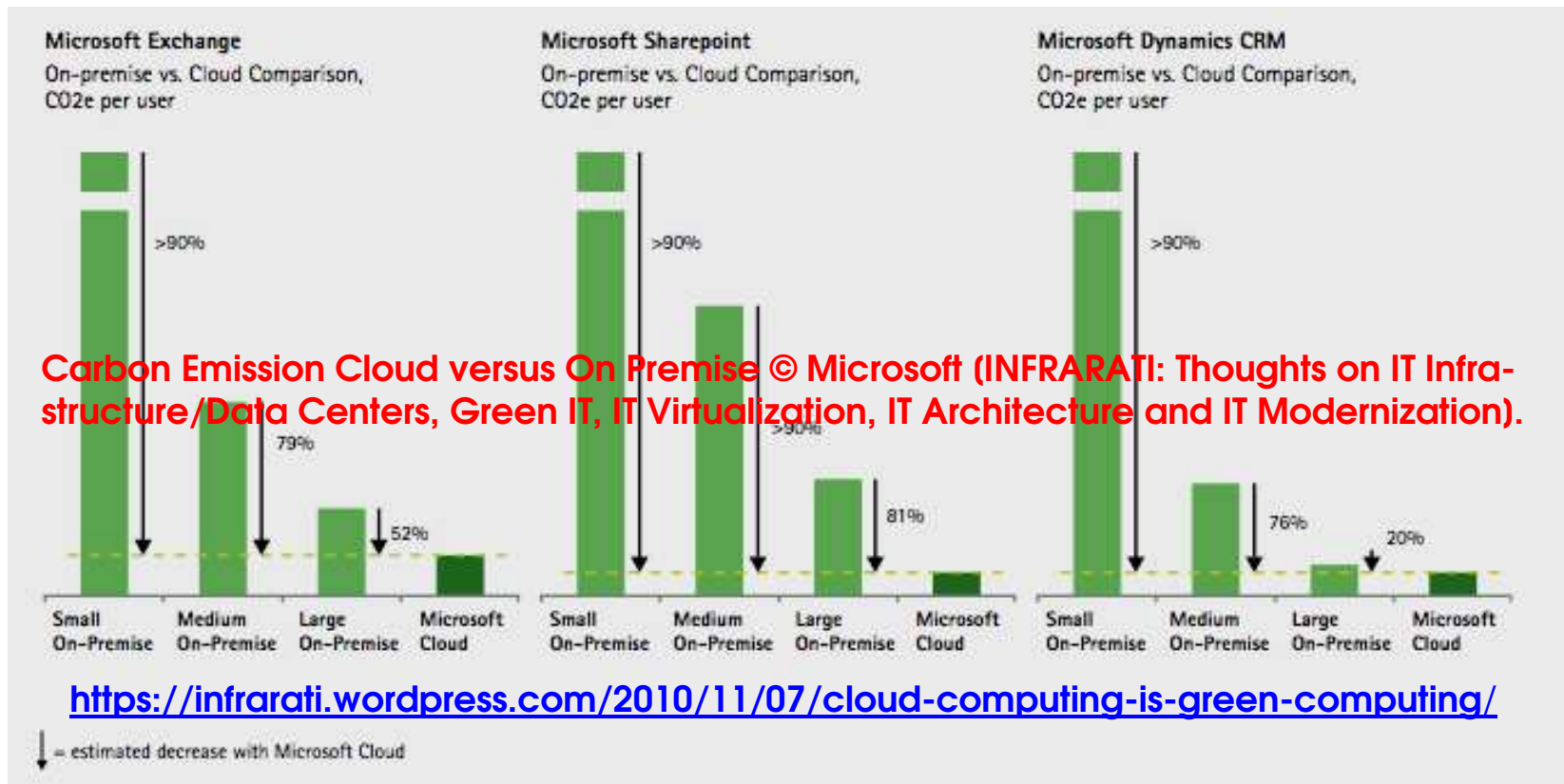


Service Oriented Architecture and Business Process Modeling: Before and after SOA.



## Green Computing in Wireless Networks

**“Green antennas” that minimize transmission power of the proximal station.**  
**Cloud-computing could become an, however disputable, approach for Green-computing.**  
**Lower consumption sensor-networks and routing-applications have been developed.**



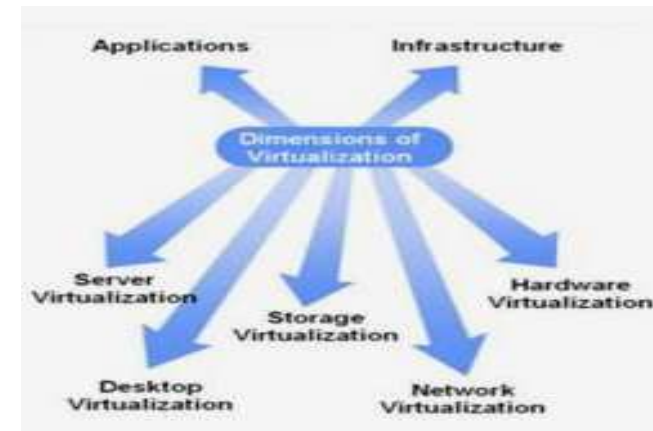


# Communication Technologies and Standardization for “Green- buildings”

Several attempts to decrease the environmental impact of increased Power consumption



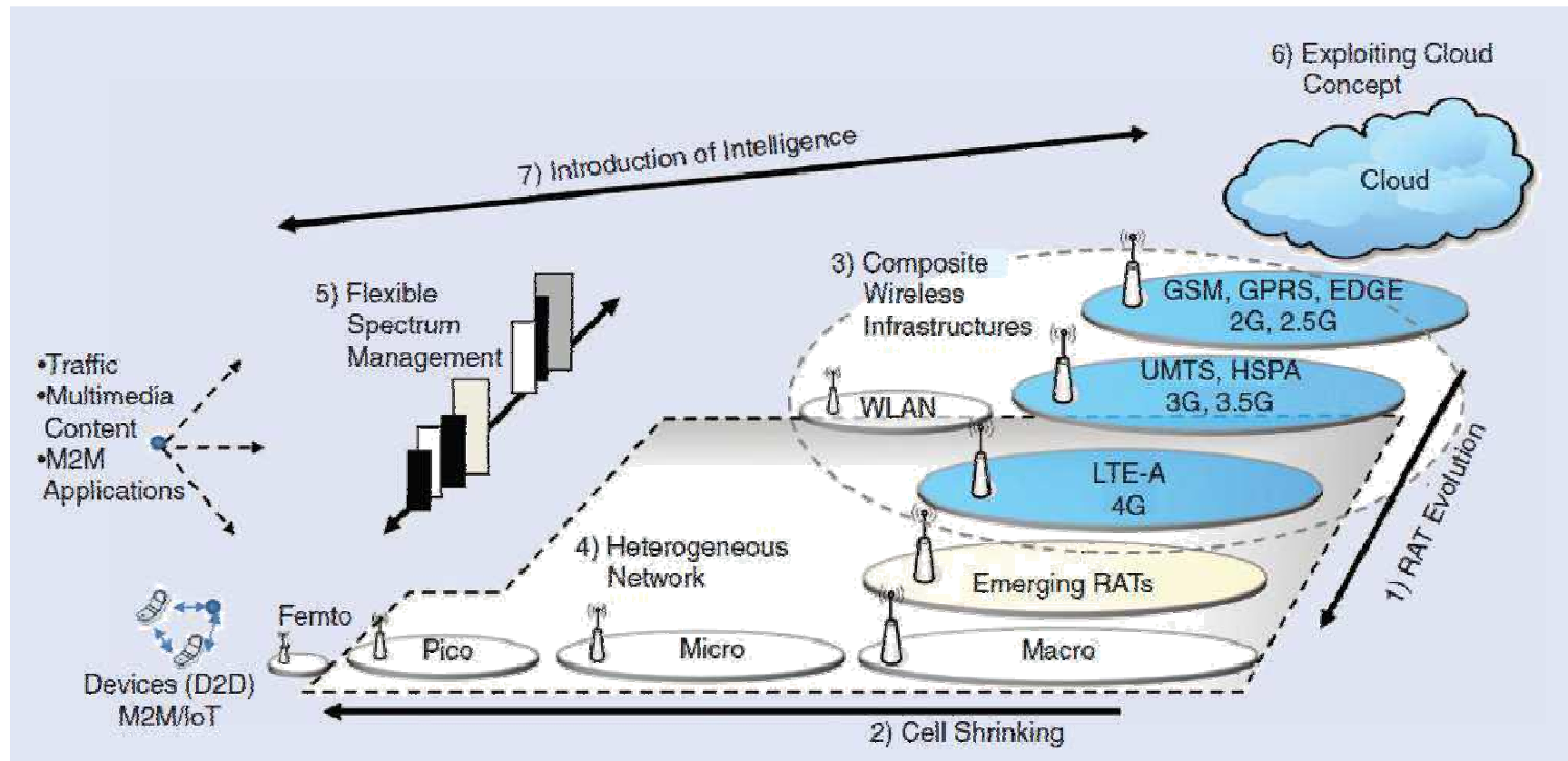
- Pomona Valley Hospital Medical Center resolve the cooling problem by investing \$500.000 to overhead air conditioners
- Totally their data center is 6.000 square-foot and before solution the temperature skyrocketed to 100 degrees
- Their aim is keep the data centers at 60 degree



- Virtualization reduces the number of servers required to run a firm's applications
- The University of Pittsburgh Medical Center and Swinerton Construction are using virtualization
- Swinerton saved \$140.000 by using virtualization



# An overview of the wireless world toward the 5G of wireless/mobile broadband (5G on the Horizon)

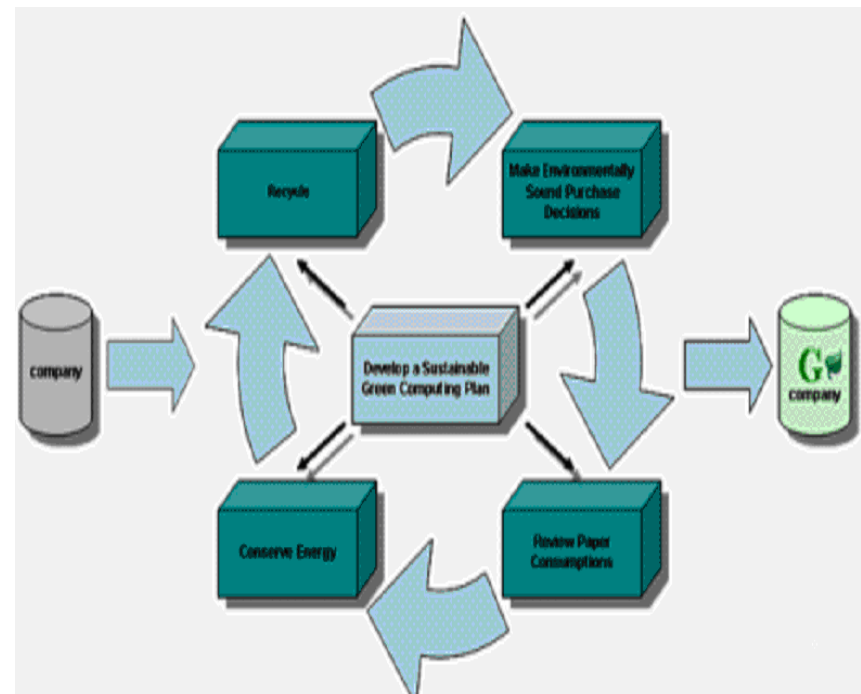


[https://www.researchgate.net/publication/300484775\\_Leveraging\\_SDN\\_for\\_the\\_5G\\_Networks/figures?lo=1](https://www.researchgate.net/publication/300484775_Leveraging_SDN_for_the_5G_Networks/figures?lo=1)



## Need for Green Computing: why should a company promote efficient computing?

- Microsoft together with Accenture and WSP have conducted a study to the saving of energy and carbon emission by cloud computing.
- They developed a quantitative model to calculate the energy use and carbon footprint of the IT applications (Microsoft Exchange, Sharepoint and Dynamics CRM) for both cloud and on-premise deployment.
- This approach aligns with the assessment methodology developed by the Global e-Sustainability Initiative (GeSI).





## The ICT-Ecosystem meets-up Health-Care

### Major Clinical Departments

- The Emergency and the Outpatient Departments.
- The Imaging and the Radio-therapy Departments.
- The Surgical Departments, the Intensive Care Units (ICU/CCU, NICU etc.) and the Wards.
- The in vitro Diagnostics, Hematology, Transfusion Medicine, Cell Therapy Laboratories and Units.

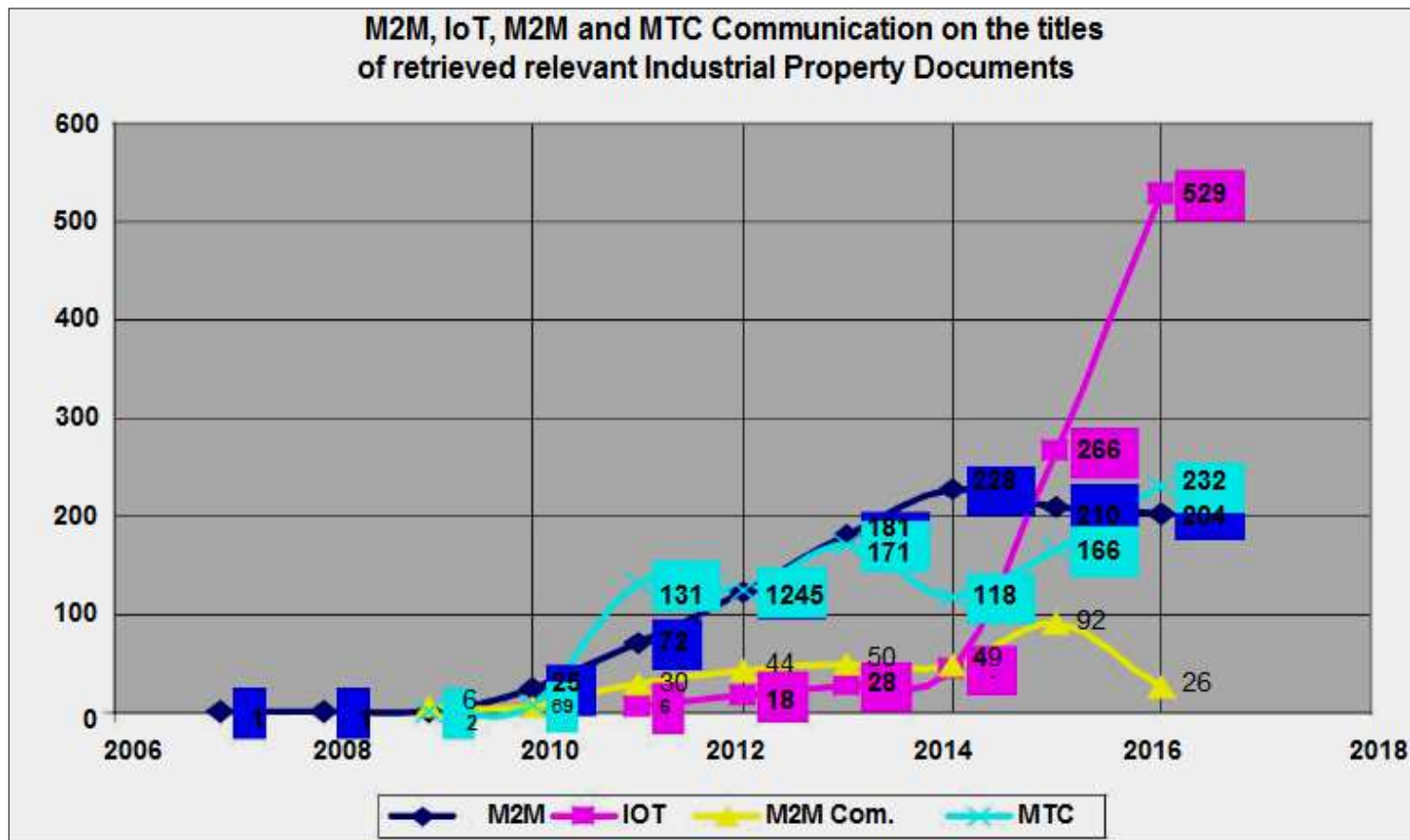
### The Supporting Facilities

- Sterilization & Asepsis.
- Protective clothing and gear.
- Bioactive wastes.
- Laundry.
- Food-services.
- Pharmacy.
- Electro-mechanical Networks.
- Building Engineering etc.





## The time-dependent evolution of the IoT and the related Technologies affecting modern Hospital during the last 10 years





## Procuring and employing “green” ICT and BMT in the modern Hospital

- One of the key tasks of the Health-systems is **to translate needs into Health-services**, by procuring and employing **ICT, BMT and other Technologies and Services**, in order to translate them into appropriate facilities, i.e. Hospitals and other Healthcare Institutions.
- In Europe there are at least **28 different National Health-systems frameworks**, within which public and private Hospitals operate.
- This **multifarious and multifaceted “picture” of Health-care**, combined with the **explosion of the ICTs**, creates a “boom” of **interdisciplinary Technologies** that are already altering radically the social reality.



## Concluding remarks

- We are all already moving toward the **big-data driven “smart” and “green” Hospital and Health-care** in general, with different **starting-points and speeds** and all of us carrying the burden of our **historical, cultural and political tradition**.
- A number of **Healthcare indicators** are being shifted from the **20<sup>th</sup> Century centralized model** toward the **21<sup>st</sup> Century “networked-Society”**, wired or wireless, spread and multi-faceted model.
- The **social and cultural versatility** of our global society is new and much promising; however, it constitutes a **rather terrifying** emerging environment.
- The Hospital, is an important **ancient “progress flagship”**.
- Nowadays, it is more than ever in the human History, **the most complex and concurrently the most representative system**, this society has given birth to...



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*Thanks for your patience to hear our estimations...*

