



ISRAA

Istituto per Servizi di Ricovero
e Assistenza agli Anziani



WSIS+15

VIRTUAL FORUM 2020

Starting on 22 June

Final Week 7-10 September 2020

Webinar 23rd June 2:00 pm - 3:00 pm

COMMUNITY BUILDING WITH OLDER TO OVERCOME SOCIAL ISOLATION VIA ICT SOLUTIONS

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OBJECTIVES

- Deal with the problems and difficulties of dementia with greater competence
- Build and share a more conscious care path

SERVICES

- Information counter
- Group activities
- Consultancies
- SAPAD
- Alzheimer Cafè

COVID-19 SITUATION STOPPED:

- Group activities
- SAPAD
- Alzheimer cafè



On Facebook's page 4 sessions:

1. Alzheimer caffè online every week
2. Weekly session about Books with a dementia topic
3. Sessions with tips and tutorial for people with dementia
4. Books, papers and other international publications about the dementia topic for the professionals

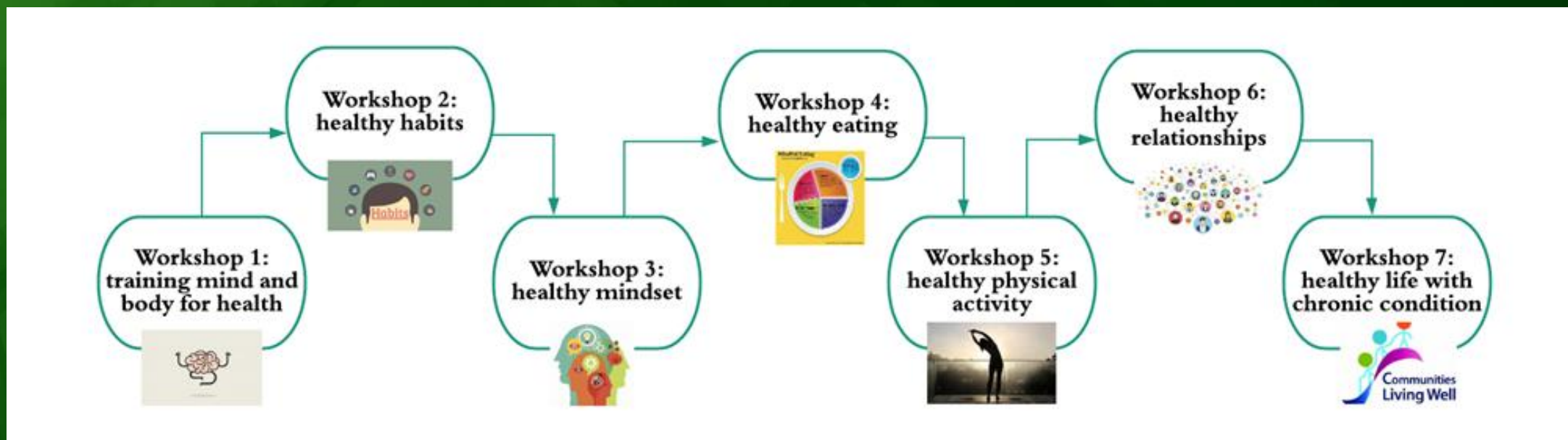
Growing participation trend:

- 651 likes
- 719 followers
- 4000 persons reached by the online Alzheimer Cafés
- 1 post per day



7 workshops in groups of 15/20 people:

- > 50 years old
- With or at risk of chronic diseases (cardiovascular problems or diabetes T2)



The trainer teaches the **MINDFULNESS** technique that it's helpful for change unhealthy habits



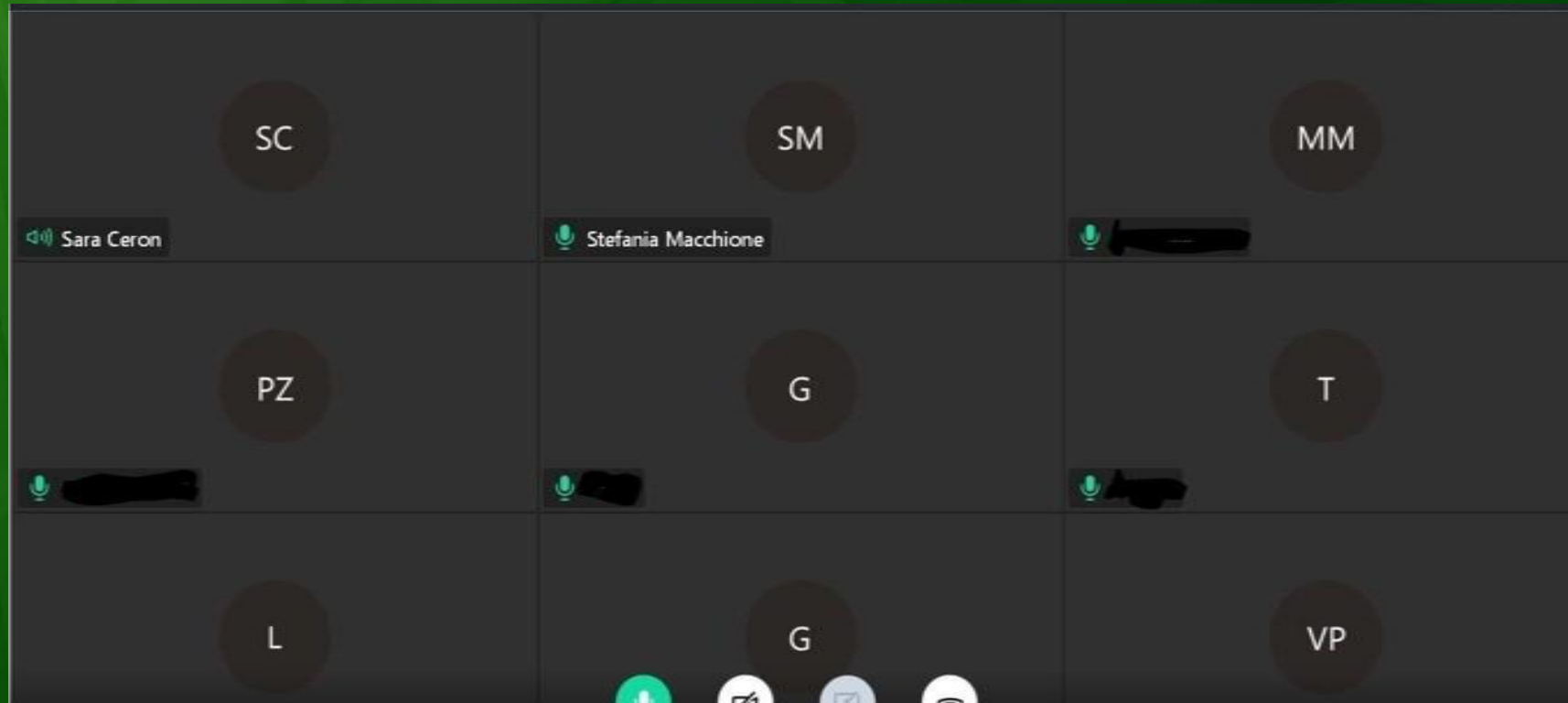
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SEFAC



CHANGE FOR THE COVID-19 *WORKSHOPS ONLINE THANKS TO GOTOMEETNG*



- Good usability: Gotomeeting is very easy to use-just a click on a link
- Importance the role of motivation: Only people more motivated participated



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Interreg

Italia-Österreich

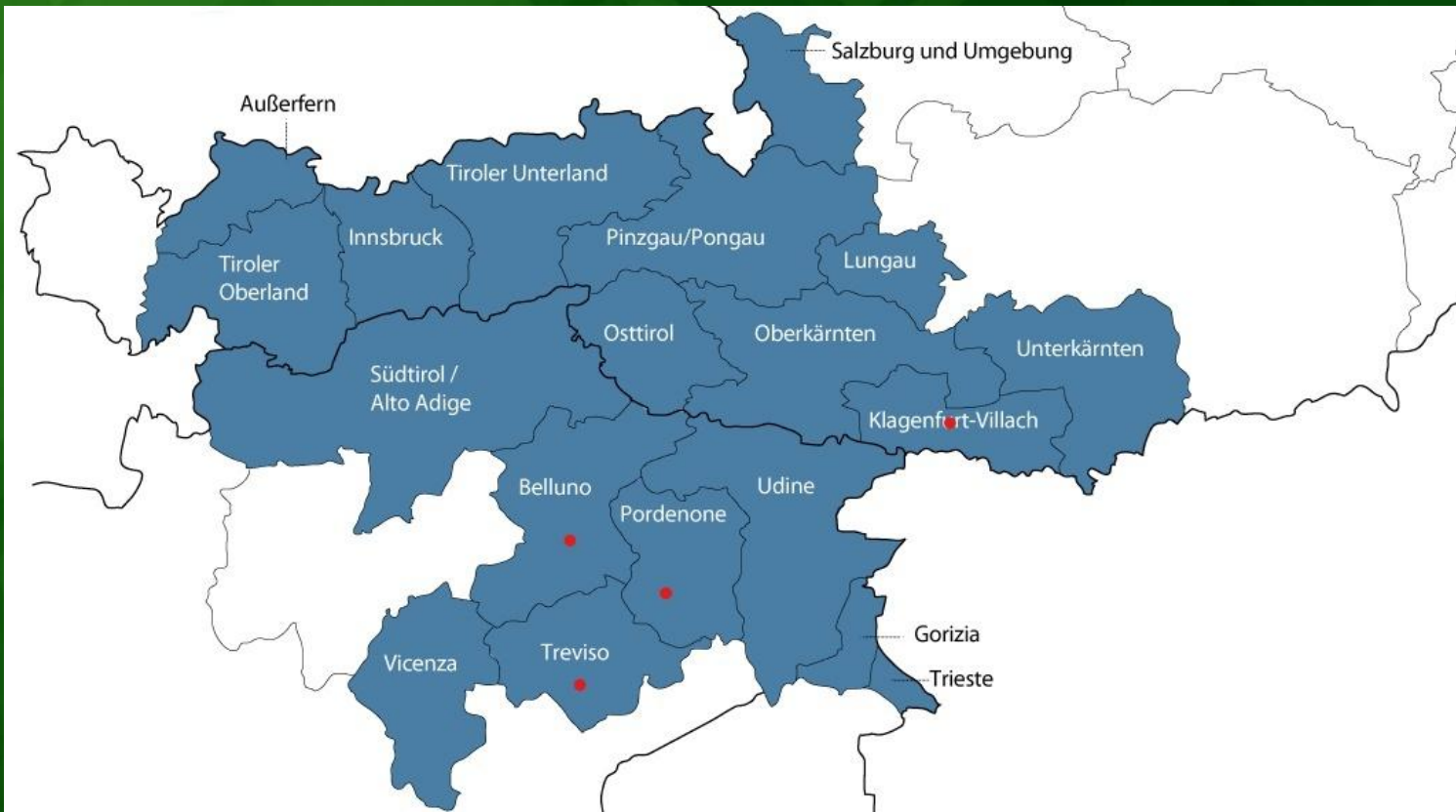
European Regional Development Fund



EUROPEAN UNION

E.C.A.R.E.

ECARE



- ISRAA (Treviso)
LEAD PARTNER
- UMBERTO I
(Pordenone)
- SERSA (Belluno)
- Alpen Adria Universität
Klagenfurt

ECARE



→ **OBJECTIVE: REDUCTION OF SOCIAL ISOLATION**

→ **MODEL OF INTERVENTION** based on the **COINVOLVEMENT OF THE COMMUNITY** (neighbors, friends, relatives), the enhancement of territorial proximity and the creation of new relationships and common interests.



→ A **COMMUNITY MAPPING** surrounding the elderly is produced. Participants are accompanied on a **PATH OF IMPROVEMENT OF LIFE STYLE**

→ **BASIC OF EXPERIMENTATION** is the use of **DIGITAL APPLICATIONS SYSTEM**: smartwatch, a tablet, a kit for the measurement of vital parameters (sphygmomanometer, glucometer, balance).



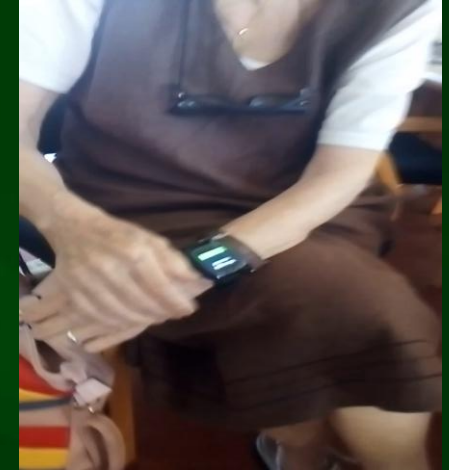
→ **THE VALIDATION OF RESULTS** will be based on specific indicators of **QUALITY OF LIFE, COSTS/BENEFITS ANALYSIS** and the effect of reducing expenditure on the production of social and health services.

ECARE

- The seniors are divided into small groups that share the same geographical proximity and are initiated into a **CYCLE OF TRAINING MEETINGS** in order to learn to master the technology and begin to weave the first social ties. **TECHNOLOGY IS NOT THE AIM OF THE PROJECT, BUT A TOOL TO ACHIEVE THE RESULT!**

- They are free to **ADOPT THE TECHNOLOGICAL INSTRUMENTS** to communicate with each other, chat, share passions and interests supported by the ISRAA Community Manager and a Group of Volunteers.

- The ISRAA nurses support the monitoring of vital parameters by assisting the elderly and their caregivers.





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THANK YOU!

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