

International Telecommunication Union

ITU-T

TELECOMMUNICATION
STANDARDIZATION SECTOR
OF ITU

L.1016

(02/2022)

SERIES L: ENVIRONMENT AND ICTS, CLIMATE
CHANGE, E-WASTE, ENERGY EFFICIENCY;
CONSTRUCTION, INSTALLATION AND PROTECTION
OF CABLES AND OTHER ELEMENTS OF OUTSIDE
PLANT

E-waste and circular economy

**Method for evaluation of the environmental,
health and safety performance of true wireless
stereo headphones**

Recommendation ITU-T L.1016

ITU-T



ITU-T L-SERIES RECOMMENDATIONS

**ENVIRONMENT AND ICTS, CLIMATE CHANGE, E-WASTE, ENERGY EFFICIENCY; CONSTRUCTION,
INSTALLATION AND PROTECTION OF CABLES AND OTHER ELEMENTS OF OUTSIDE PLANT**

OPTICAL FIBRE CABLES	
Cable structure and characteristics	L.100–L.124
Cable evaluation	L.125–L.149
Guidance and installation technique	L.150–L.199
OPTICAL INFRASTRUCTURES	
Infrastructure including node elements (except cables)	L.200–L.249
General aspects and network design	L.250–L.299
MAINTENANCE AND OPERATION	
Optical fibre cable maintenance	L.300–L.329
Infrastructure maintenance	L.330–L.349
Operation support and infrastructure management	L.350–L.379
Disaster management	L.380–L.399
PASSIVE OPTICAL DEVICES	L.400–L.429
MARINIZED TERRESTRIAL CABLES	L.430–L.449
E-WASTE AND CIRCULAR ECONOMY	L.1000–L.1199
POWER FEEDING AND ENERGY STORAGE	L.1200–L.1299
ENERGY EFFICIENCY, SMART ENERGY AND GREEN DATA CENTRES	L.1300–L.1399
ASSESSMENT METHODOLOGIES OF ICTS AND CO2 TRAJECTORIES	L.1400–L.1499
ADAPTATION TO CLIMATE CHANGE	L.1500–L.1599
LOW COST SUSTAINABLE INFRASTRUCTURE	L.1700–L.1799

For further details, please refer to the list of ITU-T Recommendations.

Recommendation ITU-T L.1016

Method for evaluation of the environmental, health and safety performance of true wireless stereo headphones

Summary

In recent years, more and more headphones belonging to the group of true wireless stereo (TWS) products have become commercially available. In 2019, sales of TWS earbuds surpassed the sales of (non-TWS) wireless earphones.

The advent of true wireless stereo headphones raises the question on their performance in terms of health and safety of the user. There is a close link between the health/safety of the user and substances used in true wireless stereo headphones.

The concept of products with minimal substances of concern and the phasing out of harmful substances for non-essential uses is one of the key aspects in the *European Sustainable Chemicals Strategy*, which is an important building block towards the goal of zero-pollution, essential for a circular economy. While the idea of non-essential uses is somewhat new in EU legislative initiatives, it originates from the 1978 *US Toxic Substances Control Act* and was taken up by other countries such as Canada. The concept was finally enshrined in the *Montreal Protocol*, designed to protect the ozone layer. As more and more countries recognize the importance of a circular economy to combat climate change, the notion of products with minimal substances of concern is gaining relevance.

With increasing relevance, the need for a method to compare the environmental, health and safety performance of TWS products is rising. Recommendation ITU-T L.1016 aims to establish a standardized methodology to evaluate a score of the aforementioned aspects.

History

Edition	Recommendation	Approval	Study Group	Unique ID*
1.0	ITU-T L.1016	2022-02-13	5	11.1002/1000/14847

Keywords

Environment, health, safety, true wireless stereo.

* To access the Recommendation, type the URL <http://handle.itu.int/> in the address field of your web browser, followed by the Recommendation's unique ID. For example, <http://handle.itu.int/11.1002/1000/11830-en>.

FOREWORD

The International Telecommunication Union (ITU) is the United Nations specialized agency in the field of telecommunications, information and communication technologies (ICTs). The ITU Telecommunication Standardization Sector (ITU-T) is a permanent organ of ITU. ITU-T is responsible for studying technical, operating and tariff questions and issuing Recommendations on them with a view to standardizing telecommunications on a worldwide basis.

The World Telecommunication Standardization Assembly (WTSA), which meets every four years, establishes the topics for study by the ITU-T study groups which, in turn, produce Recommendations on these topics.

The approval of ITU-T Recommendations is covered by the procedure laid down in WTSA Resolution 1.

In some areas of information technology which fall within ITU-T's purview, the necessary standards are prepared on a collaborative basis with ISO and IEC.

NOTE

In this Recommendation, the expression "Administration" is used for conciseness to indicate both a telecommunication administration and a recognized operating agency.

Compliance with this Recommendation is voluntary. However, the Recommendation may contain certain mandatory provisions (to ensure, e.g., interoperability or applicability) and compliance with the Recommendation is achieved when all of these mandatory provisions are met. The words "shall" or some other obligatory language such as "must" and the negative equivalents are used to express requirements. The use of such words does not suggest that compliance with the Recommendation is required of any party.

INTELLECTUAL PROPERTY RIGHTS

ITU draws attention to the possibility that the practice or implementation of this Recommendation may involve the use of a claimed Intellectual Property Right. ITU takes no position concerning the evidence, validity or applicability of claimed Intellectual Property Rights, whether asserted by ITU members or others outside of the Recommendation development process.

As of the date of approval of this Recommendation, ITU had not received notice of intellectual property, protected by patents/software copyrights, which may be required to implement this Recommendation. However, implementers are cautioned that this may not represent the latest information and are therefore strongly urged to consult the appropriate ITU-T databases available via the ITU-T website at <http://www.itu.int/ITU-T/ipr/>.

© ITU 2022

All rights reserved. No part of this publication may be reproduced, by any means whatsoever, without the prior written permission of ITU.

Table of Contents

	Page
1 Scope	1
2 References.....	1
3 Definitions	2
3.1 Terms defined elsewhere.....	2
3.2 Terms defined in this Recommendation.....	2
4 Abbreviations and acronyms	2
5 Conventions	3
6 Methodology.....	3
7 Criteria	4
7.1 Mandatory criteria	4
7.2 Voluntary criteria.....	7
Annex A – Wearing comfort test	13
Bibliography.....	14

Recommendation ITU-T L.1016

Method for evaluation of the environmental, health and safety performance of true wireless stereo headphones

1 Scope

The objective of this Recommendation is to provide a standardized method to evaluate the performance of true wireless stereo headphones with regards to compliance with existing environment, health and safety regulations and standards.

Furthermore, this Recommendation suggests a method to evaluate an aggregate score, reflecting the overall performance and compliance.

This Recommendation evaluates the following attributes:

- Substance health risk
- Hearing health risk
- Ergonomics
- Radio frequency (RF) radiation safety
- Battery safety

This Recommendation is applicable to true wireless stereo (TWS) headphones such as smart earphones, including headphones and necklace headphones.

2 References

The following ITU-T Recommendations and other references contain provisions which, through reference in this text, constitute provisions of this Recommendation. At the time of publication, the editions indicated were valid. All Recommendations and other references are subject to revision; users of this Recommendation are therefore encouraged to investigate the possibility of applying the most recent edition of the Recommendations and other references listed below. A list of the currently valid ITU-T Recommendations is regularly published. The reference to a document within this Recommendation does not give it, as a stand-alone document, the status of a Recommendation.

- | | |
|------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| [ITU-T H.870] | Recommendation ITU-T H.870 (2018), <i>Guidelines for safe listening devices/systems</i> . |
| [ITU-T K.91] | Recommendation ITU-T K.91 (2022), <i>Guidance for assessment, evaluation and monitoring of human exposure to radio frequency electromagnetic fields</i> . |
| [IEC 61249-2-21] | IEC 61249-2-21:2003, <i>Materials for printed boards and other interconnecting structures – Part 2-21: Reinforced base materials, clad and unclad – Non-halogenated epoxide woven E-glass reinforced laminated sheets of defined flammability (vertical burning test), copper-clad</i> . |
| [IEC 62479] | IEC 62479:2010, <i>Assessment of the compliance of low-power electronic and electrical equipment with the basic restrictions related to human exposure to electromagnetic fields (10 MHz to 300 GHz)</i> . |

[IEC 62133]	IEC/EN 62133:2017, <i>Secondary cells and batteries containing alkaline or other non-acid electrolytes – Safety requirements for portable sealed secondary cells, and for batteries made from them, for use in portable applications.</i>
[IEC 62209-3]	IEC/EN 62209-3:2019, <i>Measurement procedure for the assessment of specific absorption rate of human exposure to radio frequency fields from hand-held and body-mounted wireless communication devices - Part 3: Vector measurement-based systems (Frequency range of 600 MHz to 6 GHz).</i>
[IEC 62368-1]	IEC 62368-1:2018, <i>Audio/video, information, and communication technology equipment – Part 1: Safety requirements.</i>
[IEC/IEEE 62209-1528]	IEC/IEEE/EN 62209-1528:2020, <i>Measurement procedure for the assessment of specific absorption rate of human exposure to radio frequency fields from hand-held and body-mounted wireless communication devices – Part 1528: Human models, instrumentation, and procedures (Frequency range of 4 MHz to 10 GHz).</i>
[ISO 21067-1]	ISO 21067-1:2016, <i>Packaging – Vocabulary – Part 1: General terms.</i>

3 Definitions

3.1 Terms defined elsewhere

This Recommendation uses the following terms defined elsewhere:

3.1.1 product [b-ETSI TR 103 679]: Good or service.

3.1.2 packaging [ISO 21067-1]: To be used for the containment, protection, handling, delivery, storage, transport and presentation of goods, from raw materials to processed goods, from the producer to the user or consumer, including processor, assembler or other intermediary.

3.1.3 substance [b-GHS]: Chemical element and its compounds in the natural state or obtained by any manufacturing process, including any additive necessary to preserve its stability and any impurity deriving from the process used, but excluding any solvent which may be separated without affecting the stability of the declarable substance or changing its composition.

3.2 Terms defined in this Recommendation

This Recommendation defines the following term:

3.2.1 true wireless stereo (TWS) headphones: True wireless stereo headphones are traditional headphones with a built-in intelligent wireless transmission mode, for example Bluetooth, and connected to mobile terminals, such as smartphones. Smart headphones can implement various external application functions.

4 Abbreviations and acronyms

This Recommendation uses the following abbreviations and acronyms:

BaA	Benz(a)Anthracene
BaP	Benzo(a)Pyrene
BbFA	Benzo(b)Fluoranthene
BeP	Benzo(e)Pyrene

BjFA	Benzo(j)Fluoranthene
BkFA	Benzo(k)Fluoranthene
CHR	Chrysene
DBAhA	Dibenz(a,h)Anthracene
ECF	Elemental Chlorine-Free
EPS	Expanded Polystyrene
FSC	Forest Stewardship Council
HBCD	Hexabromocyclododecane
PAHs	Polycyclic-Aromatic Hydrocarbons
PCS	Process Chlorine free
PEFC	Programme for the Endorsement of Forest Certification
PFOA	Perfluorooctanoic Acid
PFOS	Perfluorooctanesulfonic Acid
PPB	Parts Per Billion
PPM	Parts Per Million
PVC	Polyvinyl Chloride
REACH	Registration, Evaluation, Authorisation and Restriction of Chemicals
RF	Radio Frequency
RoHS	Restriction of the use of certain Hazardous Substances in electrical and electronic equipment
SAR	Specific Absorption Rate
SCCP	Short-Chain Chlorinated Paraffins
SVHCs	Substances of Very High Concern
TCF	Total Chlorine Free
TWS	True Wireless Stereo

5 Conventions

None.

6 Methodology

The performance of true wireless stereo (TWS) headphones in terms of health and safety can be comprehensively evaluated by five aspects: substance health risk, hearing health risk, ergonomics, radio frequency (RF) radiation exposure and battery safety. Each aspect is classified into mandatory criteria and voluntary criteria.

The overall performance is evaluated by determining the score based on the voluntary criteria listed in clause 7. In any case, the requirements of the mandatory criteria have to be fulfilled. A voluntary requirement not met results in 0 points in the respective criterion.

The overall performance can be distinguished in three levels, level 1, level 2, and level 3 (Table 1), with level 1 being the highest performance level. The rules for evaluating the levels are as follows:

Level 1: All mandatory criteria are met. The total score of voluntary criteria is 80 points or higher.

Level 2: All mandatory criteria are met. The total score of voluntary criteria is equal to or above 50 points and below 80 points.

Level 3: All mandatory requirements are met. The total score of voluntary criteria is below 50 points.

If a product does not achieve 100% of the mandatory criteria, it cannot be rated any level.

Table 1 – Evaluation requirements for TWS headphones

Evaluation level	Evaluation level requirements	
	Compliance rate to mandatory criteria	Total score of voluntary criteria
Level 1	100%	> 80
Level 2	100%	$80 > X \geq 50$
Level 3	100%	$50 > X$

7 Criteria

7.1 Mandatory criteria

7.1.1 Substance health risk

Table 2 lists the requirements for the evaluation of the mandatory criteria of TWS headphones in terms of substance health risks.

Table 2 – Substance health risk evaluation indicators for TWS headphones

No.	Evaluation indicator	Evaluation indicator requirements		Requirement type	Score	Evaluation method
		Reference value	Reference			
1	RoHS compliance	The TWS headphones shall meet the EU RoHS and China RoHS limit requirements.	[b-EU2011/65] [b-EU2015/863] [b-GB/T26572]	Mandatory	N/A	Check test report
2	SCCP limitation	SCCP content shall be < 0.15%	[b-EU2019/1021]	Mandatory	N/A	Check test report or product material composition data
3	HBCD limitation	HBCD content shall be < 0.01%	[b-EU2019/1021]	Mandatory	N/A	Check test report or product material composition data
4	Hexavalent chromium limitation	Hexavalent chromium content in leather materials in direct contact with skin shall be < 0.0003%	[b-EU2006/1907]	Mandatory	N/A	Check test report

Table 2 – Substance health risk evaluation indicators for TWS headphones

No.	Evaluation indicator	Evaluation indicator requirements		Requirement type	Score	Evaluation method
		Reference value	Reference			
5	Nickel release limitation	Nickel release from metal parts in direct contact with skin for long periods shall be < 0.5 µg/cm ² /week	[b-EU2006/1907]	Mandatory	N/A	Check test report
6	Azo dyes limitation	Leather/textile material azo dye content shall be < 30 ppm	[b-EU2006/1907]	Mandatory	N/A	Check test report
7	Formaldehyde limitation	Formaldehyde content in leather/textile materials shall be < 75 ppm	[b-EU2006/1907]	Mandatory	N/A	Check test report
8	Dimethyl fumarate limitation	Dimethyl fumarate in leather/textile materials shall be < 0.1 ppm	[b-EU2006/1907]	Mandatory	N/A	Check test report
9	PFOS/PFOA limitation	PFOS content in leather/textile materials shall be < 1 µg/m ² ; PFOA content shall be < 25 PPB	[b-EU2006/1907]	Mandatory	N/A	Check test report
10	Battery directive compliance	In batteries, Hg content shall be ≤ 0.0005%; Cd content shall be ≤ 0.002%; Pb content shall be ≤ 0.004%.	[b-EU2006/66] and [b-EU2013/56]	Mandatory	N/A	Check test report or product material composition data
11	Packaging directive compliance	The sum of lead, cadmium, mercury, and hexavalent chromium in the packaging material shall not exceed 100 ppm.	[b-EU1994/62]	Mandatory	N/A	Check test report or packaging material composition data

7.1.2 Hearing health risk

Table 3 lists the requirements for the evaluation of the mandatory criteria of TWS headphones in terms of hearing health risk.

Table 3 – Hearing health risk evaluation indicators of TWS headphones

No.	Evaluation indicator	Evaluation indicator requirements		Requirement type	Score	Evaluation method
		Reference value	Reference			
1	Maximum weekly sound exposure	Maximum weekly sound exposure ≤ 1.6 Pa ² h	[IEC 62368-1] [ITU-T H.870]	Mandatory	N/A	Check test report

7.1.3 Ergonomics

There are no mandatory requirements in terms of ergonomics for TWS headphones.

7.1.4 RF radiation exposure

Table 4 lists the requirements for the evaluation of the mandatory criteria of TWS headphones in terms of RF radiation exposure.

Table 4 – RF radiation exposure evaluation indexes of TWS headphones

No.	Evaluation indicator	Evaluation indicator requirements		Requirement type	Score	Evaluation method
		Reference value	Reference			
1	Specific Absorption Rate (SAR)	Head SAR shall be < SAR limit (2.0 W/kg) NOTE – limit may vary in different countries.	[IEC/IEEE 62209-1528] [IEC 62209-3] [ITU-T K.91]	Mandatory	N/A	Check test report

7.1.5 Battery safety

Table 5 lists the requirements for the evaluation of the mandatory criteria of TWS headphones in terms of battery safety.

NOTE – Battery test can be conducted on the battery itself before the product is assembled.

Table 5 – Battery safety evaluation indexes of TWS headphones

No.	Evaluation indicator	Evaluation indicator requirements		Requirement type	Score	Evaluation method
		Reference value	Reference			
1	Plane extrusion requirements	After the electrochemical cell test, no explosion or fire shall occur.	[IEC 62133]	Mandatory	N/A	Check test report
2	Safety protection requirements	1. During the battery safety protection verification test, the charging voltage and current of the battery shall not exceed the maximum voltage and current specified in the specifications. 2. Charging test under abnormal temperature: (1) Charging of the battery shall be stopped when the electrochemical cell temperature exceeds the maximum charging temperature. (2) When the electrochemical cell temperature is lower than the minimum charging temperature, the battery charging circuit shall limit the current to the value specified in the battery specifications.	[IEC 62368-1]	Mandatory	N/A	Check test report

Table 5 – Battery safety evaluation indexes of TWS headphones

No.	Evaluation indicator	Evaluation indicator requirements		Requirement type	Score	Evaluation method
		Reference value	Reference			
3	Overcharge and overdischarge requirements	During the electrochemical cell test, no explosion, fire, or electrolyte leakage shall occur.	[IEC 62368-1]	Mandatory	N/A	Check test report
4	Drop requirements	During the battery drop test: (1) The battery shall not explode, leak, or catch fire. (2) Disconnect the battery and test the open-circuit voltage 24 hours later. The voltage difference between the open-circuit voltage and the open-circuit voltage of the battery that has not been dropped shall not exceed 5%. NOTE – The charging and discharging functions can be disabled after the product is dropped, but the battery is not allowed to explode, fire, or leak.	[IEC 62368-1]	Mandatory	N/A	Check test report
5	130-degree thermal shock	During the battery test, no fire or explosion shall occur.	[IEC 62133]	Mandatory	N/A	Check test report

7.2 Voluntary criteria

7.2.1 Substance health risk

Table 6 lists the requirements for the evaluation of the voluntary criteria of TWS headphones in terms of substance health risks.

Table 6 – Substance health risks evaluation indicators for TWS headphones

No.	Evaluation indicator	Evaluation indicator requirements		Requirement type	Score	Evaluation method
		Reference value	Reference			
1	Low halogen limitation	The halogen content of the entire product shall meet the following requirements: Br < 900 ppm, Cl < 900 ppm, and Cl + Br < 1500 ppm.	[IEC 61249-2-21]	Voluntary	4	Check test report or product material composition data

Table 6 – Substance health risks evaluation indicators for TWS headphones

No.	Evaluation indicator	Evaluation indicator requirements		Requirement type	Score	Evaluation method
		Reference value	Reference			
2	Polycyclic aromatic hydrocarbons limitation	The PAH content in contactable plastics, coatings or rubber components shall meet the following requirement: a total of (BaP; BeP; BaA; BbFA; BjFA; BkFA; CHR; DBA _h A; Benzo [g, h, i] perylene; Indeno [1, 2, 3-cd] pyrene) < 0.5 ppm; Naphthalene < 2 ppm; 15 PAHs < 10 ppm.	[b-AfPS]	Voluntary	4	Check test report
3	Antimony and its compounds limitation	Antimony and its compounds shall constitute less than 0.1% of the mass of the entire product. Exemptions from this requirement: glass and ceramic materials.	This Recommendation	Voluntary	3	Check test report or product material composition data
4	Beryllium and its compounds limitation	The content of beryllium and its compounds in the entire product shall be less than 0.1%.	This Recommendation	Voluntary	3	Check test report or product material composition data
5	Phthalate limitation	The content of each phthalate in the entire product shall be less than 1000 ppm.	This Recommendation	Voluntary	4	Check test report or product material composition data
6	PVC restrictions	PVC plastics shall not be used in the entire products.	This Recommendation	Voluntary	4	Check the material composition data of the product.
7	REACH Substances of Very High Concern (SVHC) restriction	Any SVHC, according to EU REACH, shall be less than 0.1% in an article. Applicable exemptions from the requirement: RoHS exemptions B ₂ O ₃ exemptions in glass/ceramics	[b-EU2006/66]. This Recommendation	Voluntary	5	Check the material composition data of the product.
8	Collecting information about product material components	A dedicated database shall be available for information on the product material composition based on substance and material information obtained in the supply chain NOTE – The tracked material composition of the entire product, by mass, needs to reach at least 90%.	This Recommendation	Voluntary	5	Screenshots of product data collection from the database and the material composition data


Table 6 – Substance health risks evaluation indicators for TWS headphones

No.	Evaluation indicator	Evaluation indicator requirements		Requirement type	Score	Evaluation method
		Reference value	Reference			
9	Packing requirements	The use of EPS materials shall be prohibited in sales packaging.	This Recommendation	Voluntary	2	Check the packing list of all materials or check the product packaging on site.
10		The paper used in packaging shall be made of either: 100% FSC, FSC Mix, or PEFC certified paper or recycled paper or a combination thereof	This Recommendation	Voluntary	2	Check the Forest Stewardship Council (FSC) certificate or manufacturer's statement of recycled paper.
11		Elemental chlorine shall not have been applied to the gift box, or manual packaging paper for bleaching. This can be achieved by the absence of bleaching, or by ensuring bleaching is elemental chlorine-free (ECF), total chlorine free (TCF), or process chlorine free (PCF).	This Recommendation	Voluntary	2	Check the manufacturer's statement.
12		All plastic packaging components with a $\geq 50 \text{ cm}^2$ surface area, or equal to 25g or higher shall be labelled, excluding tape, plastic wraps, labels, inks, coatings, and adhesives.	[b-GB/T18455] or [b-ASTM/D7611]	Voluntary	1	Check the labels of the packaging plastic materials on site.
13		The weight of the plastic packaging, including plastic roll film, plastic bag, and plastic tray; and excluding inks, coatings, and adhesives; shall be less than 4%.	This Recommendation	Voluntary	4	Check the product package on site, check the weight statement of the plastic film on the gift box surface, or check the packaging material composition data.
14		Antibacterial material requirements	Antibacterial rate of glucose bacterium aureus shall be $\geq 90\%$ – applicable to refurbished products only	This Recommendation	Voluntary	5
15	Material of the component in contact with the human ear shall meet the following requirement: E. coli antibacterial rate $\geq 90\%$ – applicable to refurbished products only		This Recommendation	Voluntary	5	Check test report

7.2.2 Hearing health risk

Table 7 lists the requirements for the evaluation of the voluntary criteria of TWS headphones in terms of hearing health risks.

Table 7 – Health evaluation indicators of TWS headphones

No.	Evaluation indicator	Evaluation indicator requirements		Requirement type	Score	Evaluation method
		Reference value	Reference			
1	Sound safety sign requirements	<p>The product appearance, package, or user manual shall have sound safety labels.</p> <p>The labels shall include the following elements:</p> <ul style="list-style-type: none"> – Icon  – "Excessive sound pressure" or equivalent description. – "Risk of hearing impairment" or equivalent description – "Do not use under excessive sound pressure for extended periods of time" or equivalent description 	[IEC 62368-1]	Voluntary	1	Check the product packaging and instructions.
2	Security warning requirements for ambient sound shielding	<p>The product appearance, package, or user manual shall have the following safety warning:</p> <p>"Do not use this machine when walking, driving, cycling, or doing work that requires attention to external sounds, otherwise accidents may occur" or equivalent description</p>	This Recommendation	Voluntary	1	Check the product packaging and instructions.
3	Auditory dose statistics and prompts	<p>1. The headphones shall have a system to track the audio dose during the use and display the status of the audio exposure of the headphones (displayed on the mobile phone)</p> <p>2. When the user exceeds 100% of the weekly allowable amount of audio exposure, the headphones shall provide warnings and action prompts related to hearing risks.</p> <p>3. When the exposure exceeds maximum weekly sound exposure $\leq 1.6 \text{ Pa}^2\text{h}$, the headphones shall provide a warning and action reminder of the risk of hearing.</p> <p>NOTE – Requirements 1-3 shall be fulfilled to achieve the score of 10.</p>	This Recommendation	Voluntary	10	Check the headphones or provide screenshots.

7.2.3 Ergonomics

Table 8 lists the requirements for the evaluation of the voluntary criteria of TWS headphones in terms of ergonomics.

Table 8 – Ergonomics evaluation indicators for TWS headphones

No.	Evaluation indicator	Evaluation indicator Requirements		Requirement type	Score	Evaluation method
		Reference value	Reference			
1	Short-term wearing comfort rate	Comfort rate of short-term wear according to Annex A: ≥ 9 ; 5 points ≥ 7 ; 4 points ≥ 6 ; 3 points ≥ 5 ; 2 points < 5 ; 1 point	This Recommendation	Voluntary	1-5	Organize panel tests to check or check test reports. (see Annex A)
2	Long-term wearing comfort rate	Comfort rate of long-term wear according to Annex A: ≥ 9 ; 5 points ≥ 7 ; 4 points ≥ 6 ; 3 points ≥ 5 ; 2 points < 5 ; 1 point	This Recommendation	Voluntary	1-5	Organize panel tests to check or check test reports (see Annex A)

7.2.4 RF radiation exposure

Table 9 lists the requirements for the evaluation of the voluntary criteria of TWS headphones in terms of RF radiation exposure.

Table 9 – RF radiation exposure evaluation indexes of TWS headphones

No.	Evaluation indicator	Evaluation indicator requirements		Requirement type	Score	Evaluation method
		Reference value	Reference			
1	SAR	TWS headphones shall comply with low power exclusion standard (20 mW)	[IEC 62479]	Voluntary	10	Check test report

7.2.5 Battery safety

Table 10 lists the requirements for the evaluation of the voluntary criteria of TWS headphones in terms of battery safety.

Table 10 – Battery safety evaluation indicators for TWS headphones

No.	Evaluation indicator	Evaluation indicator requirements		Requirement type	Score	Evaluation method
		Reference value	Reference			
1	Needle puncture requirements	During test, no hazardous situation shall occur. NOTE – Hazardous situation means fire or explosion.	[b-GB/T31485]	Voluntary	10	Check test report
2	140-degree thermal shock	During test, no hazardous situation shall occur. NOTE – Hazardous situation means fire or explosion.	[b-GB/T18287]	Voluntary	5	Check test report

Annex A

Wearing comfort test

(This annex forms an integral part of this Recommendation.)

The wearing comfort test (clause 7.2.3) shall be conducted as a panel test.

The panel shall consist of 30 individuals, 15 men and 15 women.

Test procedure

The test is divided into a test for short-term wearing comfort and a test for long-term wearing comfort. The short-term wearing comfort test shall last for 10 minutes, the test for long-term wearing comfort shall last for 60 minutes.

The test shall be conducted in a laboratory with $25 \pm 5^{\circ}\text{C}$. The best fitting ear-plug or ear-pad size is individually chosen for each panellist.

The panellists wear the TWS headphones for 10 or 60 minutes respectively and shall rate the comfort level on a scale of 0-10, where:

0 = very uncomfortable

1-2 = uncomfortable

3-4 = rather uncomfortable

5 = neutral

6-7 = rather comfortable

8-9 = comfortable

10 = very comfortable

For the evaluation in clause 7.2.3, the score is averaged.

Bibliography

- [b-ETSI TR 103 679] ETSI TR 103 679 V1.1.1 (2019), *Environmental Engineering (EE); Explore the challenges of developing product group-specific Product Environmental Footprint Category Rules (PEFCRs) for smartphones.*
- [b-AfPS] AfPS GS 2019:01, *PAK Testing and assessment of Polycyclic Aromatic Hydrocarbons (PAHs) in the awarding of GS Marks.*
- [b-ASTM/D7611] ASTM D7611, *Standard Practice for Coding Plastic Manufactured Articles for Resin Identification.*
- [b-EU1994/62] European Parliament and Council Directive 94/62/EC of 20 December 1994 on packaging and packaging waste.
- [b-EU2006/66] Directive 2006/66/EC of the European Parliament and of the Council of 6 September 2006 on batteries and accumulators and waste batteries and accumulators and repealing Directive 91/157/EEC.
- [b-EU2006/1907] Regulation (EC) No 1907/2006 of the European Parliament and of the Council of 18 December 2006 concerning the Registration, Evaluation, Authorization and Restriction of Chemicals (REACH).
- [b-EU2011/65] Directive 2011/65/EU OF the European Parliament and of the Council of 8 June 2011 on the restriction of the use of certain hazardous substances in electrical and electronic equipment.
- [b-EU2013/56] Directive 2013/56/EU of the European Parliament and of the Council of 20 November 2013 amending Directive 2006/66/EC of the European Parliament and of the Council on batteries and accumulators and waste batteries and accumulators as regards the placing on the market of portable batteries and accumulators containing cadmium intended for use in cordless power tools, and of button cells with low mercury content, and repealing Commission Decision 2009/603/EC.
- [b-EU2015/863] Commission Delegated Directive (EU) 2015/863 of 31 March 2015 amending Annex II to Directive 2011/65/EU of the European Parliament and of the Council as regards the list of restricted substances.
- [b-EU2019/1021] Regulation (EU) 2019/1021 of the European Parliament and of the Council of 20 June 2019 on persistent organic pollutants.
- [b-GB/T18287] GB/T 18287-2013 General specification of lithium-ion cells and batteries for mobile phone.
- [b-GB/T18455] GB/T 18455-2010, *Package recycling marking.*
- [b-GB/T26572] GB/T 26572, *Limitation requirements for restricted substances in electronic and electrical products.*
- [b-GB/T31485] GB/T 31485-2015, *Safety requirements and test methods for traction battery of electric vehicle.*
- [b-GHS] *Globally Harmonized System of Classification and Labelling* (2017).

SERIES OF ITU-T RECOMMENDATIONS

Series A	Organization of the work of ITU-T
Series D	Tariff and accounting principles and international telecommunication/ICT economic and policy issues
Series E	Overall network operation, telephone service, service operation and human factors
Series F	Non-telephone telecommunication services
Series G	Transmission systems and media, digital systems and networks
Series H	Audiovisual and multimedia systems
Series I	Integrated services digital network
Series J	Cable networks and transmission of television, sound programme and other multimedia signals
Series K	Protection against interference
Series L	Environment and ICTs, climate change, e-waste, energy efficiency; construction, installation and protection of cables and other elements of outside plant
Series M	Telecommunication management, including TMN and network maintenance
Series N	Maintenance: international sound programme and television transmission circuits
Series O	Specifications of measuring equipment
Series P	Telephone transmission quality, telephone installations, local line networks
Series Q	Switching and signalling, and associated measurements and tests
Series R	Telegraph transmission
Series S	Telegraph services terminal equipment
Series T	Terminals for telematic services
Series U	Telegraph switching
Series V	Data communication over the telephone network
Series X	Data networks, open system communications and security
Series Y	Global information infrastructure, Internet protocol aspects, next-generation networks, Internet of Things and smart cities
Series Z	Languages and general software aspects for telecommunication systems